



MKPS NEWSLETTER

VOL.2, APRIL, 2022

Term two	Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday / Sunday
April / May	1	25 April – ANZAC Day 25	PUPIL FREE DAY 26	STUDENT'S FRIST DAY OF TERM 2 27	28	29	30/1
May	2	STAGE 2 GIBBERAGONG EXCURSION 2	3	4	CROSS COUNTRY CARNIVAL 5	6	7/8
May	3	9	NAPLAN WRITING YEAR 3 10	NAPLAN WRITING YEAR 5 11	NAPLAN 12	NAPLAN 13	14/15
May	4	NAPLAN 16	NAPLAN 17	NAPLAN 18	NAPLAN 19	NAPLAN 20	21/22
May	5	23	24	25	26	27	28/29
May / June	6	ZONE CROSS COUNTRY 30	SCHOOL PHOTOS 31	1	2	3	4/5
June	7	6	7	8	9	10	11/12
June	8	13 June – Queen's Birthday 13	14	15	16	17	18/19
June	9	GROUP PHOTOS 20	21	22	23	24	25/26
June / July	10	27	28	29	STAGE 2 30	CAMP 1	2/3

Learning with $K/1E$

K/1E have has a smooth and happy start to the year. All the students have settled in well and have started making some very special friendships.

Over the past 9 weeks, we have been learning how to work in groups and move to different activities within our Literacy time. The Kindy students have been learning a lot of new letter sounds and how to use these to make words. The Year 1 students have been joining the Stage 1 Literacy Groups and Phonics lessons, where they have enjoyed the wide range of targeted activities to work on their reading, writing and phonics. We have been learning about patterns and how to extend and create our own patterns using a variety of colourful counters, shapes and equipment. We really enjoyed using pom-poms to paint patterns such as AAB, ABC, AABA, ABCD patterns etc.

Our class has had the opportunity to be creative and to build a shelter for our teddies that will hopefully protect them from the sun, the wind and the rain. These will be tested using a torch as the sun, a spray bottle as the rain and a fan as the wind. This has been an excellent opportunity to build our resilience as not all our ideas were successful. Thank you Mr Tapping for this wonderful lesson.

We were also fortunate enough to do a little cupcake decorating for Easter. Mrs Ellicott organised the activity for the class. What a great way to end off the term.





ELMER



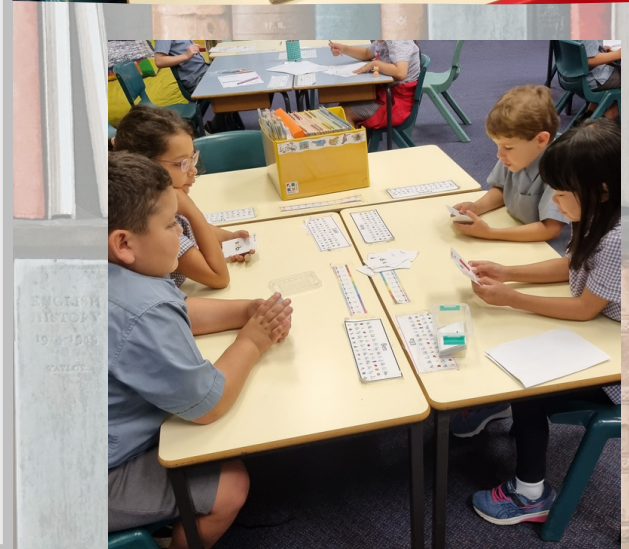
push and pull in 1/2M

1/2M had lots of fun experimenting with the force of push and pull. They used shoe boxes and toy cars to measure how far a car would travel under different strengths of forces. 1/2M also spread peace and kindness on Harmony Day. They are super smart kids having fun doing super hard things!!



STAGE ONE LITERACY GROUPS

Stage 1 has been engaging in Literacy Groups this term. Students participate in a range of activities both individually or in groups during the rotations. Literacy Groups are centred around explicit teaching of small groups in the targeted areas of reading, writing and phonics. Learning activities are differentiated to cater for students varying needs. Students are able to set individual goals in reading and writing in response to feedback and discussion with the teacher. This term we have focused on decoding, fluency and expression in reading, sentence structure and 'Sizzling Starts' in writing, and phonics activities linked to our explicit daily whole class lessons.



Life in LEARNING HIVE

Up in the Learning Hive we have been super productive as we work through all of our tasks to wrap up a busy Term 1. Along with the usual Daily 5 and Math mental tasks, we have finished our first full sequence of the Phonic and Writing program which we have now been implementing into our work.

Unfortunately, due to the poor weather conditions we have experienced over the majority of the term, we were unable to attend our Classifications of Living Things excursion (Fur, Feathers and Leaves) at Gibberagong. This has now been rescheduled to Monday the 2nd of May (Term 2, Week 2). This however, has not stopped us from working through our Living Things integrated unit, where we have looked at the differences of Flora and Fauna. As well as learning all about different types of living Fungi with Mr Tapping in his Library lessons.

Our Wellbeing units have been going along nicely each week, where we have discussed people's feelings and looked at the book of 'The Golden Rule' which we focused on the importance of this rule in the students' day to day lives. We also performed tasks that showed what each student meant to their classmates in activities like the taco kind words.

Along with our Math Mentals lessons we are completing each day, we have been lucky enough to have Ms Harvey coming up to Learning Hive to deliver some lessons on RUCSAC. This is a new concept introduced to the students to help them break down and understand Mathematical word problems. The students have been taking to this really well and enjoying this new concept to try out within their math lessons.







The focus for Clean up Australia this year was the safe disposal of face masks.

Plastics in disposable masks can take up to 450 years to break down and researchers have warned that littered single-use masks could be releasing chemical pollutants and nano-plastics into the environment. Over the past two years there have been disturbing cases of seabirds and wildlife found tangled up in carelessly discarded single-use face masks. When disposing of single use face masks it is recommended that the ear straps are snapped before putting them in the general rubbish bin. Early Stage 1 and Stage 1 completed activities about how to sort garbage, recycling and composting into the correct bins. We also put on lovely yellow gloves and went out to clear our school grounds of litter. Stage 2 and 3 students discussed the impact disposable facemasks are having on the environment and conducted their own research around this topic.





HARMONY DAY!

Harmony Day was celebrated on Monday 21st March to remind us that 'Everyone Belongs'. Students came dressed in their traditional clothes from a variety of countries represented at Mount Kuring-gai or the colour orange was worn as this is the colour chosen to represent Harmony Week. Our students had lots of fun completing activities based on respect, tolerance and empathy. As a school we all created hands that came together to create a large heart. This was to represent our support for cultural diversity and an inclusive Australia.





HZSS

HZSS (HORNSBY ZONE SCHOOL SPORT)

This term has seen the commencement of the HZSS Summer competition which runs during Term 1 and Term 4. We are excited to enter for the first time, both junior and senior cricket and softball/Tball teams in addition to the junior and senior league tag teams.

Games are played each Friday morning against other schools in the Hornsby Zone.

Although the season has got off to a soggy start, we are hoping to get a few more matches in before the end of term.

At the beginning of Term 2, students will be invited to trial for netball and soccer teams for the HZSS Winter competition which runs during terms 2 and 3. Further details to come.



Tee ball and Softball

Mount Kuringai's inaugural games of tee ball and softball took place at Mount Kuring Gai Oval on Friday for our HZSS sports. The girls looked super professional kitted out in the new gear and the smell of freshly unwrapped leather gloves filled the air. We played against Asquith Primary who arrived looking equally professional. Once the girls managed to squeeze their hands into the new gloves, we were given a rundown on the rules and how to play (thank you to Asquith) The girls took to the field and played like they had been playing for years.

The senior girls drew their game at 5 all and the tee ball girls played a friendly so that Mrs Steel could be coached by one of the Asquith players (who happened to be 9 years old!) The girls showed great sportsmanship and really had a great time on the field.

Batter Up!

ZONE SWIMMING

During Week 6 of this term, 26 students represented MKPS at the Zone Swimming Carnival. The pouring rain didn't dampen the MKPS spirit, with our students showing wonderful sportsmanship and camaraderie to support and cheer each other on throughout the day.

Although we didn't have any swimmers progress through to Area, each and every one of our students can be very proud of the confidence and resilience they displayed in challenging themselves against some very strong competition.

A special mention goes to Immy Dominello who made it through to the 50m freestyle final in the 8yr girls event. A wonderful achievement for her very first zone



RECENT ACHIEVEMENTS

Congratulations to Dulcie and Scarlett who both represented Northern Districts Little Athletics Association at the recent State Championships at SOPAC. Dulcie competed in Shot Put and Scarlett in Discus. What a fabulous achievement to compete at this level. Well done girls!

Congratulations also to Lucas, Luella and Florence who participated in the Sydney North Touch Football trials after having successfully trialed at the Hornsby Zone selections. A great effort to progress to that level.



SCHOOL SPORT TERM 1



This term our K-2 students, along with our Yr 3-6 students not participating in HZSS, are taking part in a 6 week taekwondo program funded through the Sporting Schools initiative. During these lessons, students are learning skills that enhance confidence, concentration and problem solving, while also developing gross motor skills including balance, flexibility and coordination.





Leader's Loop



PARLIAMENT INDUCTION ASSEMBLY WEEK 6:

K/1E - Semester 1: Genevieve and Xander
Semester 2: Lily and Theo

1/2M - Semester 1: Immi and Daniel
Semester 2: Londyn and Rhys

1/2V - Semester 1: Tai and Abigail
Semester 2: Melina and Lauchlan

Learning Hive - Semester 1: Sienna, Lucas, Lucy and Billy
Semester 2: Ryan, Lily, Mackenzie and Scarlett

Synergy Hub - Semester 1: Lukas and Kate
Semester 2: Luella and Angus





Leader's Loop



PARLIAMENT INDUCTION ASSEMBLY WEEK 6:

Cabinet Ministers

Minister for Environment: Kai

Assistant Ministers: Maia, Ethan and Annabel

Minister for Sport: Michael

Assistant Minister: Hayley, Ayden, Ellie and Connor

Minister for Entertainment: Emma

Assistant Ministers: Luke, Billy and Baxter

Minister for Wellbeing: Jessi

Assistant Ministers for Wellbeing: Nitya, Zali and Zoe

Minister for Education: Rachel

Assistant Ministers for Education: Kaylee, Max and Alannah





Leader's Loop



PARLIAMENT INDUCTION ASSEMBLY WEEK 6:

Leaders

Prime ministers: Lexie, Anthony

Deputy prime ministers: Joseph, Florence





Leader's Loop



ASSEMBLY WEEK 5:

WEEK 5 K-2 MERIT AWARDS:

K/1E - Theo, Charlie M, Jasmine, Violet

1/2M - Rhys, Zara, Immi, Scott.

1/2V - Nour, Jay, Elise, Laya.



WEEK 5 3-6 MERIT AWARDS:

Learning Hive - Mackenzie, Ariana, Harrison, Rami, Alana, Miller, Lucy, Nathan, Kalicia.

Synergy Hub - Rachel, Charlotte, Finn, Kai, Angus, Jessi, Luella, Anthony.

ASSEMBLY WEEK 7:



WEEK 7 K-2 MERIT AWARDS:

K/1E - Hugo, Millie, Vance Alex.

1/2M - Ethan, Wallace, Zahli, Maddie.

1/2V - Archie Nellie, Braxton.



WEEK 7 3-6 MERIT AWARDS:

Learning Hive - Zeke, Audrey, Dulcie, Ashley, Julia, Owen, Gina, Scarlett.

Synergy Hub - Hana, Luke, James, Lucas, Zali Will, Ellie.



READING
CERTIFICATES:





Leader's Loop



ASSEMBLY WEEK 9:



WEEK 9 K-2 MERIT AWARDS:

K/1E - Lily, Ava, Silvi, Olivia.
1/2M - Hana, Gabriel, Jai, Izzy.
1/2V - Claire, Teddy, Lauchlan, Zander.



WEEK 9 3-6 MERIT AWARDS:

Learning Hive - Dizzy, Asher, Skye, Brianna, Elki, Rishi, Xavier.
Synergy Hub - Alannah, Joseph, Olivia, Nitya, Zac, Zoe, Florence, Lexie.

ASSEMBLY WEEK 11:



WEEK 11 K-2 MERIT AWARDS:

K/1E - Jaxon, Harvey, Charli, Kobe.
1/2M - Daniel, Ben, Emma, Ruby.
1/2V - Penny, Jack, Evie, Sienna.



WEEK 11 3-6 MERIT AWARDS:

Learning Hive - Ryan, Lincoln, Jack, Alex, Myah, Sienna, Jayden, Andy.
Synergy Hub - Jayden, Oliver, Maia, Ronin, Lachlan, Hayley, Michael, Koby.



Leader's Loop



Prime Ministers:

Lexie Kettle
Anthony Dominello

Deputy Prime Ministers:

Joseph Young
Florence Thompson

WEEK 8 PARLIAMENT

Motions raised:

- Each class paint artwork to go on the toilet doors to brighten up the toilet doors. PASSED
- Have two raffle ticket boxes - one for 3-6 and one for K-2 PASSED
- Give toys to flood victims. PASSED
- Introduce recycling bins/Paint bins. PASSED
- Get additional flag poles to have the Aboriginal and Torres Strait islander flags as well. PASSED
- Comic book club at afternoon tea. PASSED



WEEK 10 PARLIAMENT

- More handball courts. PASSED
- School picnic. PASSED
- 1 zero hero day. NOT PASSED
- Automatic taps. PASSED
- Class Trees. PASSED
- Canteen open at afternoon tea. PASSED



EASTER HAT MAKING





Happy Easter!





EASTER HAT PARADE







NAPLAN – information for parents and carers



2022

Why do students do NAPLAN?

NAPLAN is a national literacy and numeracy assessment that students in Years 3, 5, 7 and 9 sit in May each year. It is the only national assessment all Australian students do.

As students progress through their school years, it's important to check how well they are learning the essential skills of reading, writing and numeracy.

NAPLAN assesses the literacy and numeracy skills that students are learning through the school curriculum and allows parents/carers to see how their child is progressing against national standards and over time.

NAPLAN is just one aspect of a school's assessment and reporting process. It doesn't replace ongoing assessments made by teachers about student performance, but it can provide teachers with additional information about students' progress.

NAPLAN also provides schools, education authorities and governments with information about how education programs are working and whether young Australians are achieving important educational outcomes in literacy and numeracy.

Your child will do the NAPLAN tests online

Schools are transitioning from paper-based to computer-based assessments. Most schools will complete NAPLAN tests online in 2022. All Year 3 students will continue to complete the writing assessment on paper.

Online NAPLAN tests provide more precise results and are more engaging for students. One of the main benefits is tailored (or adaptive) testing, where the test presents questions which may be more or less difficult depending on a student's responses.

Tailored testing allows a wider range of student abilities to be assessed and measures student achievement more precisely. A student's overall NAPLAN result is based on both the number and complexity of questions they answer correctly. Your child should not be concerned if they find questions challenging; they may be taking a more complex test pathway.

What does NAPLAN assess?

NAPLAN assesses literacy and numeracy skills that students are learning through their regular school curriculum.

Students sit assessments in writing, reading, conventions of language (spelling, grammar and punctuation) and numeracy. Questions assess content linked to the Australian Curriculum: English and Mathematics.

All government and non-government education authorities have contributed to the development of NAPLAN test materials.

To find out more about NAPLAN, visit nap.edu.au

Participation in NAPLAN

NAPLAN is for everyone. ACARA supports inclusive testing so all students can participate in the national assessment program.

Adjustments are available for students with disability who have diverse functional abilities and needs.

Schools should work with parents/carers and students to identify, on a case-by-case basis, reasonable adjustments required for individual students with disability to access NAPLAN. Adjustments should reflect the support normally provided for classroom assessments.

To help inform these decisions, you may consult the [NAPLAN public demonstration site](#), the [Guide for schools to assist students with disability to access NAPLAN](#), or our [series of videos](#) where parents/carers, teachers and students share their experience of using NAPLAN adjustments.

In exceptional circumstances, a student with a disability that severely limits their capacity to participate in the assessment, or a student who has recently arrived in Australia and has a non-English speaking background, may be granted a formal exemption.

Your school principal and your local test administration authority can give you more information on adjustments for students with disability or the process required to gain a formal exemption.

What if my child is absent from school on NAPLAN days?

Where possible, schools may arrange for individual students who are absent at the time of testing to complete missed tests at another time during the school's test schedule.

What can I do to support my child?

Students are not expected to study for NAPLAN.

You can support your child by reassuring them that NAPLAN is a part of their school program and reminding them to simply do their best.

ACARA does not recommend excessive preparation for NAPLAN or the use of services by coaching providers.

Some familiarisation and explanation of NAPLAN is useful to help students understand and be comfortable with the format of the tests. Teachers will ensure students are familiar with the types of questions in the tests and will provide appropriate support and guidance.

See the types of questions and tools available in the online NAPLAN assessments at nap.edu.au/online-assessment/public-demonstration-site

NAPLAN timetable

The NAPLAN online test window is nine days. This is to accommodate schools that may have fewer devices.

The NAPLAN online test window starts on Tuesday 10 May and finishes on Friday 20 May 2022. Tests must be scheduled as soon as possible within the testing window, prioritising the first week.

Online NAPLAN test scheduling requirements are detailed in the table below.

How is my child's performance reported?

Individual student performance is shown on a national achievement scale for each assessment. A result at the national minimum standard indicates that the student has demonstrated the basic literacy and numeracy skills needed to participate fully in that year level.

A NAPLAN individual student report will be provided by your child's school later in the year. If you do not receive a report, you should contact your child's school.

How are NAPLAN results used?

- Students and parents/carers may use individual results to discuss progress with teachers.
- Teachers use results to help identify students who need greater challenges or extra support.
- Schools use results to identify strengths and areas of need to improve teaching programs, and to set goals in literacy and numeracy.
- School systems use results to review programs and support offered to schools.
- The community can see information about the performance of schools over time at myschool.edu.au

Where can I get more information?

For more information about NAPLAN:

- contact your child's school
- contact your local test administration authority at nap.edu.au/TAA
- visit nap.edu.au

To learn how ACARA handles personal information for NAPLAN, visit nap.edu.au/naplan/privacy

Test	Scheduling requirements	Duration	Test description
Writing	<ul style="list-style-type: none">• Year 3 students do the writing test on paper (on day 1 only)• Year 5 writing must start on day 1 (schools must prioritise completion of writing across days 1 and 2 only)• Years 7 and 9 writing must start on day 2 (schools must prioritise completion of writing across days 2 and 3 only)	Year 3: 40 min. Year 5: 42 min. Year 7: 42 min. Year 9: 42 min.	Students are provided with a 'writing stimulus' (sometimes called a 'prompt' – an idea or topic) and asked to write a response in a particular genre (narrative or persuasive writing)
Reading	<ul style="list-style-type: none">• To ensure online schools are able to complete NAPLAN tests within the nine-day testing window, Year 7 and 9 students can start with reading on day 1; however, writing must start on day 2• To be completed before the conventions of language test	Year 3: 45 min. Year 5: 50 min. Year 7: 65 min. Year 9: 65 min.	Students read a range of informative, imaginative and persuasive texts and then answer related questions
Conventions of language	<ul style="list-style-type: none">• To be completed after the reading test	Year 3: 45 min. Year 5: 45 min. Year 7: 45 min. Year 9: 45 min.	Assesses spelling, grammar and punctuation
Numeracy	<ul style="list-style-type: none">• To be completed after the conventions of language test	Year 3: 45 min. Year 5: 50 min. Year 7: 65 min. Year 9: 65 min.	Assesses number and algebra, measurement and geometry, and statistics and probability

Active April 2022

MONDAY

TUESDAY

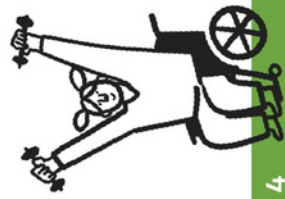
WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



4 Eat healthy and natural food today and drink lots of water

5 Turn a regular activity into a playful game today

6 Do a body-scan meditation and really notice how your body feels

7 Get natural light early in the day. Dim the lights in the evening

1 Commit to being more active this month, starting today

2 Spend as much time as possible outdoors today

3 Listen to your body and be grateful for what it can do

9 Turn your housework or chores into a fun form of exercise

10 Have a day free from TV or screens and get moving instead

11 Set yourself an exercise goal or sign up to an activity challenge

12 Move as much as possible, even if you're stuck inside

13 Make sleep a priority and go to bed in good time

14 Relax your body & mind with yoga, tai chi or meditation

15 Get active by singing today (even if you think you can't sing!)

16 Go exploring around your local area and notice new things

17 Be active outside. Dig up weeds or plant some seeds

18 Try a new online exercise, activity or dance class

19 Spend less time sitting today. Get up and move more often

20 Focus on 'eating a rainbow' of multi-coloured vegetables today

21 Regularly pause to stretch and breathe during the day

22 Enjoy moving to your favourite music. Really go for it

23 Go out and do an errand for a loved one or neighbour

24 Get active in nature. Feed the birds or go wildlife-spotting

25 Have a 'no screens' night and take time to recharge yourself

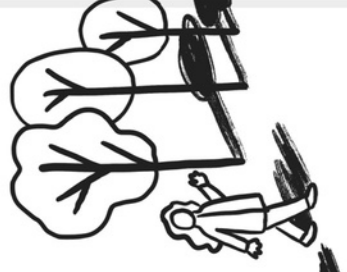
26 Take an extra break in your day and walk outside for 15 minutes

27 Find a fun exercise to do while waiting for the kettle to boil

28 Meet a friend outside for a walk and a chat

29 Become an activist for a cause you really believe in

30 Make time to run, swim, dance, cycle or stretch today



ACTION FOR HAPPINESS

Happier · Kinder · Together

Nutrition Snippet

WHAT IS THE HEALTHY LUNCH BOX?



A one-stop-shop for everything you need to know about packing a healthy lunch box.

Here's what you'll find on the website:

- Interactive lunch box builder that helps parents and kids plan and pack a healthy lunch with foods they like.
- Lots of quick and easy recipes and snack ideas.
- Informative blogs about healthy eating for the family.
- Sign up to receive the Healthy Lunch Box e-newsletter for ideas, updates and recipes.

healthylunchbox.com.au



Cancer Council
Healthy Lunch Box



Emotional Wellbeing Space

FREE Wellbeing coaching

Managing feelings of anxiety or depression can feel stressful. Wellbeing Coaching can guide you towards positive outcomes.

Benefits include to learn and develop strategies to:

- help deal with feelings of stress and worry
- recognise and make best use of inner strengths
- pay attention to emotions and increase emotional resilience
- find solutions to life challenges

PROGRAM DETAILS:

- 6-week group coaching program
- Individual coaching sessions
- online and face to face sessions

Coaching is available to all people over the age of 18 who live, work or study in Sydney North area - LGAs Northern Beaches, Ku-ring-gai, Willoughby, Hornsby, Hunters Hill, Lane Cove, Mosman, North Sydney, and Ryde.

NO DOCTOR'S REFERRAL NEEDED.

This service is supported by Sydney North PHN.



SCAN TO REGISTER YOUR INTEREST

1300 111 278

ewspace@anglicare.org.au | anglicare.org.au



Emotional Wellbeing Space

FREE Wellbeing coaching

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