Mount Kuring-gai Public School News

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TERM THREE - WEEK 5 AUGUST 2019

STOP PRESS... JUNIOR GIRLS NETBALL TEAM WINS PSSA GRAND FINAL!

Full report in next Newsletter - CONGRATULATIONS GIRLS AND MRS TODD



PRINCIPAL'S MESSAGE:

What an exciting and eventful term this has been so far. Already we've had many events including the Athletics Carnival, Pyjama Foundation fundraiser, Kindy Info night, Kids Night in & Parent Info night, Book Week Parade and currently have our book fair – and we're only just half way!

The Book Week Parade was a great opportunity to have a bit of fun together as a school. The teachers and I had a bit of fun dressing up as well – Luckily the kids know that I'm not as scary as Cruella De Ville in real life, thank goodness!



We had a number of parents attend the information session on CyberSafety for your children presented by "ThinkUKnow". The information was quite confronting, but well worth knowing. A few key messages/recommendations include:

- A "no phones/devices in the bedroom" rule
- Check your child's devices regularly
- Limit the time they spend on Social Media keep up-to-date with the apps that are popular with kids
- Check in with your children regularly and ask if they are OK
- · Remind them that you will listen to their problems
- Set up your rules/guidelines and expectations while your children are young and be consistent. As the presenter pointed out it's much easier to have the battle with an 8-10 year old that it is with a 14-16 year old!

Another important fact that was shared was that the average age of an online gamer is 34 years old. This was a good reminder for us all that we don't really know who our children are communicating with when they are playing online. Even innocent adults may speak in ways that are not appropriate for kids' minds.

I had the absolute pleasure of attending the **Arts Alive Concert** at the Opera house a few weeks ago. I was so proud of our MKPS students who conducted themselves superbly throughout the day of rehearsals and late into the evening during the performance. I was also proud to be a Public School educator and leader during this amazing showcase of talent across our public schools! A special thank you to Mrs Slade for putting in such an effort to prepare our senior choir for the event, which will surely become a treasured and lifelong memory for these young people.

This week is "SAS Appreciation Week" in public schools across the state. I would like to take this opportunity to acknowledge our super hardworking SAS (School Administration and Support) staff. Without these dedicated people, schools simply would not run — we are extra lucky at MKPS that our SAS staff are truly dedicated to the students, teachers and whole school community. To Mrs Pam Thwaites and Mrs Barb Willmore in the office, Mr Paul White our GA, and to all of our Learning Support staff, Mrs Ellicott, Mrs Maksoud, Mrs Fife, Mrs Steel, Mrs Akdag as well as our many casual SAS staff — Thank you! We truly appreciate everything you do for us at MKPS!

Goodbye (for now) Mrs Mealing and Welcome Back Miss Cameron

We would like to say thank you to Eliza Mealing for all of her hard work on a Friday in 2E. She will be on maternity leave from Week 7 with her last day being Friday 30th August. We wish her all the best with baby number three. Sarah Cameron will be stepping in to work on 2E on Fridays. We look forward to welcoming Sarah back to Mount Kuring-gai Public School.





MKPS Weekly Calendar

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WEEK 6	5	
Aug 27	Junior Dance at Lunchtime Junior Choir with Ms Samuel/Mrs Tudor Senior Choir with Mrs Slade	
Aug 28	Junior Dance at Lunchtime Senior Dance Before School AUSLAN group with interested Year 5 and 6 Junior Dance Group with Mrs Connolly	
Aug 29	Father's Day Stall Junior Dance at Lunchtime Senior Dance at Afternoon Tea Debating at Afternoon Tea	
Aug 30	Father's Day Breakfast 8am Zone Athletics Carnival Junior Dance at Lunchtime Senior Dance at Afternoon Tea Garden Club with Miss Hindmarsh	
Aug 31	MOUNTAIN FEST!!	
WEEK 7	7	

Art Club with Mrs Slade

Senior Choir with Mrs Slade

Debating at Afternoon Tea

Junior Choir with Ms Samuel/Mrs Tudor

Junior Dance Group with Mrs Connolly

Garden Club with Miss Hindmarsh

AUSLAN group with interested Year 5 and 6

Senior Dance Group with Miss Brown 9am

WEEK		
Sep 9	Art Club with Mrs Slade	
Sep 10	Junior Choir with Ms Samuel/Mrs Tudor Senior Choir with Mrs Slade	
Sep 11	AUSLAN group with interested Year 5 and 6 Junior Dance Group with Mrs Connolly	
Sep 12	Debating at Afternoon Tea	
Sep 13	Senior Dance Group with Miss Brown 9am Garden Club with Miss Hindmarsh	
WEEK 9		
Sep 16	Art Club with Mrs Slade	
Sep 17	Public Speaking Finals Junior Choir with Ms Samuel/Mrs Tudor Senior Choir with Mrs Slade	
Sep 18	AUSLAN group with interested Year 5 and 6 Junior Dance Group with Mrs Connolly	
Sep 19	Debating at Afternoon Tea	
Sep 20	Senior Dance Group with Miss Brown 9am Garden Club with Miss Hindmarsh	

WEEK 8

NAIDOC Week

Sep 2

Sep 3

Sep 4

Sep 5

Sep 6

NAIDOC stands for 'National Aborigines and Islanders Day Observance Committee'. It was once the name of the group of people who organised the celebrations but is now the name of the celebration itself. NAIDOC Week is an annual week-long celebration between 7-14th July, during which the culture, history and achievements of Aboriginal and Torres Strait Islander people are recognised and celebrated.

It is an important opportunity for all other Australians to recognise that Aboriginal culture is important to the identity of Australia as a country and Aboriginal people and their culture should be recognised and celebrated. Mount Kuringgai PS celebrated NAIDOC Week by looking at Dreamtime stories, researching famous Indigenous people, creating collages and holding a NAIDOC whole-school assembly.









EDUCATION WEEK OPEN DAY

Education Week is our school's opportunity to showcase the achievements and innovations in our school and by our students to the wider community. This year the theme is "Every student, every voice" and we took great pride in opening our classrooms for our families to come and see all of the great things we are learning and creating. Our open classrooms were full of family interviews, reading corners, tricky challenges, work displays, group games and more. Our open classroom visits were then followed by a school assembly in the hall showcasing our marvelous choirs, bands, AUSLAN and dance groups. A school community picnic lunch was enjoyed by all to conclude our celebrations. Thank you to everyone who attended and supported Public Education.

























Stage 2 (3/4B and 3/4C)

Stage 2 have been working extremely hard over the duration of the term researching and completing information reports on animals, people and places. Using our laptops and taking notes from watching informative clips, they have practiced research skills by searching online and rewriting different facts to avoid plagiarism. They have all come away learning many new and interesting facts! Stage 2 have also been busy identifying the many perspectives of the First Fleet and convicts arriving in Australia in History and combining for Science to describe the characteristics and effects of common forms of energy, such as light and heat.









Debating

On Tuesday 13th August our Interschool Debating Team welcomed Hornsby South PS into our school to participate in the next round of debating. Our team was very excited and had been working very hard behind the scenes in the lead up to this debate, including meeting after school and on the weekends in preparation. The topic for this debate was "Talking is more powerful than listening" and as the home team, we were given the role of the affirmative.

As a member of the audience, the debate was very interesting to listen to with many strong arguments provided by both teams. Our team conducted themselves in a positive and professional manner during their preparation and presentations. This was only their second debate and the improvement and commitment displayed was outstanding! Unfortunately, our team lost this debate, however, they have all taken on the experience and feedback provided so they are ready to implement in their next debate in Week 6.



Premier's Spelling Bee 2019

CONGRATULATIONS to Logan Booth and Kevin Liu from Stage 3 and Claire Kecman and Florence Thompson from Stage 2 who will be representing MKPS at the Regional competition of the Premier's Spelling Bee at Hornsby North PS on the 9 of September 2019.

SAVE THE DATE - Celebration of Learning

This year, we will be having two special celebrations to acknowledge the wonderful efforts of our students. We will have two 'Celebration of Learning' assemblies. On Tuesday of Week 9, we will hold an assembly where all students will receive an award, and all are welcome to attend.

We will then hold a 'Presentation Night' on Tuesday of Week 10, where students receiving special class awards will be celebrated. Our new school leaders will be announced at the Presentation Night. Invitations will be sent to parents of award recipients closer to the date. This event will be held in the evening to allow working parents to attend.

Celebration of Learning

Tuesday 10th December K-2 9:30am and 3-6 10:30am

Presentation Night

Tuesday 17th December 6pm-7:30pm

Year 4 Science Expo

Year 4 enjoyed a mini Science excursion to Asquith Girls High School where they undertook a lesson in the laboratory with bunsen burners before voting on their favourite Science projects that were designed, constructed and experimented by students in Years 7-10. Once back at school they typed up their recounts of the day using the Seven Steps to Writing Success. Please continue reading below for some of their writing pieces.

Science Expo by Jack Robson

Sizzle... Sizzle... Goes the fire above 1000 degrees celsius flaming Bunsen burner. Colours green, red and orange. Poisonous sprays, interesting ointments it was all there in this fascinating laboratory.

Next down in the hall that was jam packed with interesting science experiments. These included an egg made of vinegar, a space encyclopedia and tons more. We got to vote for 2 but it was extremely difficult to choose them, I ended choosing these...

There was a handmade mixer which had a light button and a fully functional beater. This was the first one I voted for. Unlike some other of the inventions I was lucky enough to actually see this in action.

My second vote was to the electrical real working bus. I would have voted for the electric car but I didn't see it go. This bus unlike real buses goes really fast, no joke. It must have taken lots of work.

I loved today and you would probably too. From the lab to the hall it was incredibly interesting. Today was extremely awesome!





Science Expo by Andrew Streek-Warren

We went to the Asquith Girls High School on Tuesday 6th of August. We had all of our green opal cards on us and everyone tapped on to go on the train. When we arrived there was art EVERYWHERE.. it was sooo cool!! When we went to the laboratory we were greeted by a teacher named Mrs Carter and she told us we were going to be working with FIRE!

The Science Expo by Prisha Kaur

Poof!!! The flame just changed colour with the help of our assistant, Bunsen burners, gas pipes and chemicals. Here we are at Asquith Girls High School lighting matches and doing cool science experiments. After that...

A few moments later we were in another place called The Science Hall. Years 7-10 were competing in who could make the best science project. There were loads of different topics and things like water life cycles, cars/buses/trains, how much sugar is in each drink, the black snake, most interesting planets and lots of other really cool things. Later that day...

We were walking back to the train station arguing on whether to take the shortcut or the long way. Finally we decided to take the long, long, long way back to school. Once we arrived at school I threw my bag on the grass and then did the same to myself (kind of). I was so tired from our big day out! Eventually...

After all this excitement I'm ready to sleep!!!





BOOK WEEK PARADE!

Our Book Fair will be held in the library from Wednesday 21st August to Tuesday 27th August.





















Public Speaking Competition

A note was sent home regarding the Public Speaking Competition earlier this term. Please contact your child's teacher if you missed this note or see the office. During weeks 6 and 7, students will be asked to present speeches to their class (starting 26th August). Teachers will be selecting a small number of students per class to progress to the stage finals. The finals will be held on Tuesday 17th September, K-2 from 9:30am and 3-6 from 10:30am. Below is a list of the topics to choose from.

Early Stage One	Stage One
<i>(Kindergarten)</i>	(Years 1 and 2)
1 – 1 ½ minutes	1-2 minutes
I wish I could My family My hero Mount Kuring-gai Public School	When I grow upMy favourite sportKindness rocksI am a wildlife warrior
Stage Two	Stage Three
(Years 3 and 4)	(<i>Years 5 and 6</i>)
2 – 2 ½ minutes	3 minutes
 Imagine The greatest thing ever invented Laughter is the best medicine If animals could talk 	 Free choice OR Should we try to prevent animal species from becoming extinct? Books – Food for the mind Not many people know this In someone else's shoes

Pyjama Day

On Wednesday 31st July, staff and students wore their PJs to school to raise money for the Pyjama Foundation who raise money for children in foster care. Our school raised \$167. Thank you everyone for your support.



Fruit and Veg Month

Our school will be participating in Fruit and Veg month again this year. Fruit & Veg Month 2019 runs for the last 4 weeks of Term 3.

As part of Fruit & Veg Month, students will be involved in various classroom and school based activities which encourage them to eat more fruit and vegetables. Each classroom will have a poster where they will list all the different fruit and vegetables they eat over the course of the month. The class with the highest number of fruit and vegetables on their poster by the end of September will be crowned our champions! So encourage your child to try a different fruit or vegetable for their Munch and Crunch during September.

For parent information about healthy lunchboxes and healthy family recipes, please visit:

https://healthy-kids.com.au/parents/





Little Athletics

On Tuesday 13th August, a representative from Little Athletics spoke to K-4 students about the benefits of joining Little Athletics. The students enjoyed hearing about the different disciplines within Athletics and were amazed at some of the world records held in areas such as Shot Put, Long Jump and Running. If your child is interested in joining their local Little Athletics, please see the flyer at the end of this newsletter.





Athletics Carnival







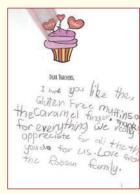
Arts Alive Concert





Bake a Thank!







PATCH

Look what happens when you put out some old sheets and a few chairs....CUBBY HOUSES!! Our simple cubby houses were a big hit and it was smiles all round as they had fun visiting each of the 'houses'. It was lovely to see that pretend play is still high on the list of fun things to do for our K-2 students.

The process of pretending builds skills in many essential developmental areas.

· Social and Emotional Skills

Through cooperative play, children learn how to take turns, share responsibility, and creatively problemsolve. When children pretend to be different characters, they have the experience of "walking in someone else's shoes," which helps teach the important moral development skill of empathy.

Language Skills

We often hear our own words reflected in the play of children. Kids can do a perfect imitation of mum, dad, aunties, uncles and the teacher! Pretend play helps your child understand the power of language. In addition, by pretend playing with others, they learn that words give them the means to reenact a story or organise play.

Thinking Skills

Pretend play provides your child with a variety of problems to solve. Whether it's two children wanting to play the same role or searching for the just right material to make a roof for the playhouse, your child calls upon important cognitive thinking skills that they will use in every aspect of their life, now and forever.

Some ideas for pretend play at your house....

- Large plastic crates, cardboard blocks, or a large, empty box for creating a "home"
- Old clothes, shoes, backpacks, hats
- Old telephones, phone books, magazines
- Cooking utensils, dishes, plastic food containers, table napkins, silk flowers
- Stuffed animals and dolls of all sizes
- Fabric pieces, blankets, or old sheets for making costumes or a fort
- Theme-appropriate materials such as postcards, used plane tickets, foreign coins, and photos for a pretend vacation trip
- Writing materials for taking phone messages, leaving notes and making shopping lists





When: Friday 30th August Time: 8am - 9:15am

Where: Outside the School Library

All dads, grandfathers, uncles and significant others are invited to come along for a bacon and egg roll breakfast, tea/coffee or juice.

We will have activities set up for parents/carers and their children to do, such as Paper Plane Making Story Reading Lego Challenges

We look forward to a fun morning celebrating the special people in students' lives who inspire, encourage, guide and teach them.

FATHER'S DAY STALL



Thursday 29th August 2019

Gifts will range from \$1 - \$10.

There will also be a limited number of special gift bags for **\$5** and **\$10**.

If you would prefer, please send an environmentally friendly bag so your child can safely store their gift. We will have limited plastic bags on the day.

Each class will visit the Stall with their teacher at a set time.

If your child would like to buy a gift please send money with them on the day. They can keep it safely in their bag (in a zip lock bag/envelope/ wallet etc) until it is time to visit the stall.

There are lots of awesome gifts so bring your money and be ready to shop!





Thank you to our wonderful sponsors

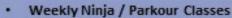
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Sydney's newest indoor Ninja Warrior / Parkour course!

Our new Ninja Course has a HUGE range of obstacles for you to commit and conquer! Take on our various sized warped walls, cargo nets, floating doors, rope climb, floating steps, spider wall, peg wall and loads more!



- Mini Ninjas Classes
- Birthday Parties
- School Groups
- Sporting Clubs

Monday - Friday

Mini Ninjas/Open Sessions week days



Please refer to Moving Bodies website for open session times. Bookings are essential.









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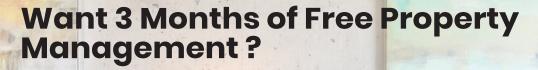
Special discounted entry into our Softplay Playground available before or after swimming lessons (Monday – Friday only).

movingbodies.com.au / 9457 7732 / Mt Kuring-gai

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Free 3 Months Management Fees for all new Managements who quote this offer or attend the Fete on Saturday 31st of August.

Contact the team at LJ Hooker Hornsby to find out more.

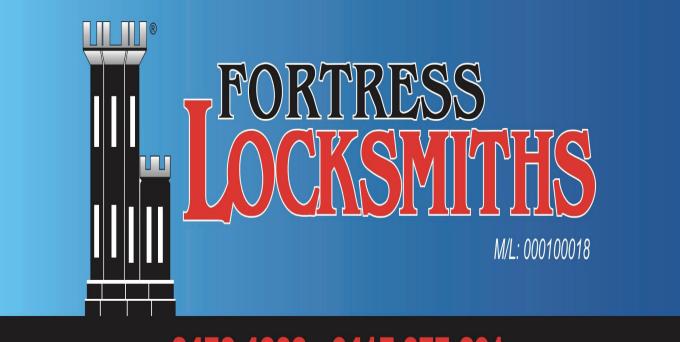
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Do you love our teachers? Do you love to Bake? Please sign up to

Bake a Thank

Bake a Thank is an opportunity for students to take the time to bake for our teachers. A little gift of morning tea to show them how much we appreciate everything they do for us. Teachers should be celebrated more than just one day a year on World Teachers Appreciation day.

Everyone can get involved and have their week to say THANKS.

Please talk to Maisie (5/65) in the playground or email bakeathank@gmail.com and you can select a week that you would like to bake for our teachers.













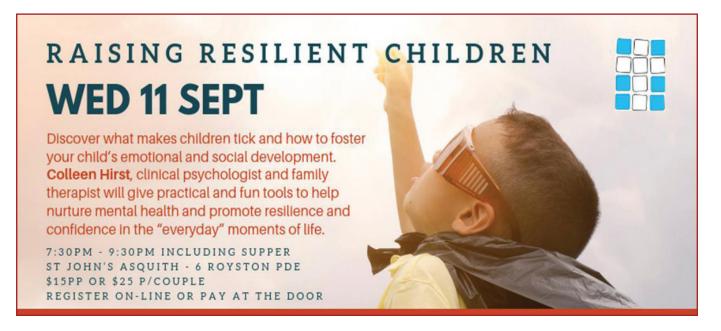
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be entertained by roving musicians.











Being home alone is a significant developmental marker for many children and young people.

However there are many issues to consider including legal ramifications when you leave children at home unsupervised. Parenting Ideas founder Michael Grose takes you through the positives and pitfalls of this traditional rite of passage for kids.

READ THE FULL ARTICLE

SCHOOL HOLIDAYS

OCTOBER **EVENTS**



HOLIDAY STORYTIME

Join us for stories, songs, craft and refreshments.

Pennant Hills Library

Wednesday 2 October, 10am-11am

Hornsby Library

Thursday 3 October, 10am-11am

Berowra Library

Friday 4 October, 10.30am-11.30am

Ages: All ages. Children 7 and under must be accompanied by an adult.

Cost: \$2 per child for children 18 months and over. Payment at the door. Free for adults accompanying children.

Bookings: No bookings required.



Welcome to the French Salon of Madam Bon Bon. Here, with panache, Madam creates clothes, hats, and shoes fit for a maharaja, a sultan, a queen. Stories are told with beautiful props, puppets, sets, costumes and musical instruments



Hornsby Library

Monday 30 September, 2pm-3pm

Ages: 5-7. Children 7 and under must be accompanied by an adult.

Cost: \$10.00 per person.

Bookings: Bookings essential.

Book online at hornsby.nsw.gov.au/library

NITRO-TASTIC SCIENCE SHOW

A theatrical, educational and interactive science show featuring many liquid nitrogen demonstrations.

Pennant Hills Community Centre

Tuesday 8 October, 10.30am-11.30am

Berowra Community Centre

Tuesday 8 October, 2.30pm-3.30pm

Ages: 5-12. Children 7 and under must be accompanied by an adult.

Cost: \$10.00 per child.

Bookings: Bookings essential.

Book online at hornsby.nsw.gov.au/library

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CRAZY DINOSAUR WORKSHOP

An extremely interactive workshop where children investigate real fossils, a woolly mammoth femur, woolly rhino horn and a sabre-tooth tiger skull. Play dough and kinetic sand are also used throughout the session. Each child will receive a real fossilised shark tooth to take home.



Hornsby Library

Wednesday 9 October, 2.30pm-3.30pm

Ages: 7-12. Children 7 and under must be accompanied by an adult.

Cost: \$10.00 per child.

Bookings: Bookings essential.

Book online at homsby.nsw.gov.au/library

SUPERHERO TRAINING WORKSHOP

Would you like to be a superhero when you grow up? Now is your chance to learn the basics and train with some of your favourite heroes!

Pennant Hills Community Centre

Wednesday 9 October, 10.30am-11.30am

Berowra Library

Thursday 10 October, 10.30am-11.30am

Ages: 7-12. Children 7 and under must be

accompanied by an adult.

Cost: \$10.00 per child.

Bookings: Bookings essential.

Book online at hornsby.nsw.gov.au/library



For booking details and further information on these events and more events in your library visit

hornsby.nsw.gov.au/library

FOR COUNCIL EVENTS AND LOCAL NEWS JOIN US:













Opening Night: Tuesday 3 September 7 - 9pm

Tuesday 3 to Thursday 5 September: 9am - 3pm

Wednesday 4 September 5 - 7pm Thursday 5 September 5 - 7pm

St Ives High School Auditorium, Yarrabung Road, St Ives

Detail of HSC Body of Work by Isla Davison, Year 12