

# Mount Kuring-gai Public School News

Leeming Street, Mount Kuring-gai NSW 2080  
T (02) 9457 9088 F (02) 9457 8691  
E-mail: mtkuringga-p.school@det.nsw.edu.au



TERM ONE - WEEK 10

APRIL 2019



## PRINCIPAL'S REPORT

### Farewell Mt Kuring-gai

*To all of the wonderful Mt Kuring-gai families,*

I would like to take this opportunity to express my sincere gratitude for the warm welcome I have received since arriving at MKPS at the beginning of Term 4. You have shown me warmth and kindness, engaged in conversations with me, offered advice and supported the vision we have had for the school. You have also worked with me to ensure ongoing improvement in our school environment and teaching and learning opportunities for your own children, and all of the students at Mt Kuring-gai Public School.

I have had such a wonderful time as Acting Principal for the past two terms and am so grateful for the opportunity to get to know all of the wonderful students across the school and to be part of their learning experiences. It has been so uplifting to work with such dedicated staff members, who have been so receptive to making ongoing improvements for the benefits of our students. The vision they have and their passion for providing the best possible learning environment for all students is admirable. I am very thankful to have met and worked with so many wonderful parents and families. You have all been so giving of your time, and it is wonderful to see all of the great opportunities that our students get to experience because of the time and assistance that you offer the school.

I am very sad to be saying goodbye to this wonderful school, but am also excited to start the next part of my journey as an educator and leader. I was successful through merit selection in gaining the Principal position at Erina Heights Public School and look forward to leading teaching and learning in another wonderful school community that is a little closer to home for me.

Once again I would like to thank you for making my time at MKPS so rewarding, uplifting and enjoyable. My last day at MKPS will be Tuesday 9th April, and Mrs Greta Hughes will take over

from Wednesday 10th April. I know that the school will continue to flourish and grow under the leadership of Mrs Hughes. I wish all of the students, staff and families a successful future and I look forward to hearing and seeing the students here at MKPS go on to great things in their future.

### Farewelling Mrs Wasowski

At the end of this term we farewell the wonderful Mrs Inta Wasowski who will be taking long service leave for the remainder of the year. Mrs Wasowski has been an integral member of staff here at Mt Kuring-gai Public School for the past 17 years. She has taught across all grades during her time here. She has run garden club, organised excursions, supported students and been a bright happy face in our staffroom every day. We will all miss Inta greatly and the wonderful contributions she has made to students, staff and our wider community. We wish Inta a wonderful year ahead and will be happy to welcome her back on board should she get bored with all of the spare time that she will have on her hands.

## MKPS Weekly Calendar

### WEEK 11

- |               |  |
|---------------|--|
| <b>Apr 8</b>  | ANZAC Day assembly (9.30am)<br>New Principal Mrs Hughes starts<br>Senior Dance Group with Miss Brown<br>Art Club with Mrs Slade    |
| <b>Apr 9</b>  | Life Education<br>Senior Choir with Mrs Slade  |
| <b>Apr 10</b> | Life Education<br>Mrs MacDonald's last day<br>AUSLAN group with interested<br>Year 5 and 6<br>Junior Dance Group with Mrs Connelly |
| <b>Apr 11</b> | Life Education<br>Easter hat parade<br>Garden Club with Mrs Wasowski<br>Junior Choir with Ms Samuel                                |
| <b>Apr 12</b> | Life Education<br>Mrs Wazowski's last day<br>Star of the month assembly (2.30pm)<br><b>Last day of term</b>                        |

## In the Spotlight

### Inta Wasowski

**Position:** Classroom Teacher

**My teaching career:** I started my teaching career in 1975 at Villawood Public School. From there I worked at South Strathfield Public and Wideview Public School. After having a short break, our family grew and I returned to teaching as a casual teacher back at Wideview for 8 years until 2000 when I moved to Mt Kuring-gai Public School. From the moment I started at Mt Kuring-gai I noticed it had such a lovely family feel. During my time here, there have been many changes in leadership, staff and the school, however one thing has remained constant and that is the supportive, collaborative staff, students and community....that has not changed. What a fabulous place to work!

**What I like best about my job:** Teaching children is a wonderful profession, a profession I'm very fortunate to be part of. Everyday is different and the children never cease to amaze me with their capacity to rise to the occasion, their creativity, thinking and sense of fun.



**My favourite book is:** Reading is a most pleasurable pastime. I have read many books that I have loved, however, "Waterlily" by Kate Llewellyn is one I have read more than once as it was such an enjoyable read.

**My favourite movie is:** "Romy and Michele's High School Reunion"...this fun movie the girls and I have watched many times together ... "The Castle" comes in a very close second for all the family.

**My favourite subjects when I was at school were:** French and Ancient History.

**My favourite subjects to teach are:** Literature and Art. Writers and artists skilfully expressing themselves and ideas through writing and visuals arts continues to surprise and inspire.

**In my free time I love:** Spending time with our granddaughter Lily, reading, gardening, walking along the beach and meeting up with friends for any occasion!

**My family are:** Wonderful....my loving, ever patient and supportive husband Hendrik, my two gorgeous daughters Mel and Heidi and husband Nathan and partner Daigo. The absolute joy of all our lives is our granddaughter Lily, who is just a delight. Also my dear sister, Velta and all her lovely family.

**If I could travel anywhere in the world it would be:** See the Northern Lights and a White Christmas in Switzerland.

## Parking in front of OOSH gates

Please be aware that we have an unofficial disabled parking area for a student in our school just outside the gates near OOSH. This area allows for an easier entry and exit to the school for the student in need. Thank you for your understanding in not parking in this space.

## NO student or parent access to staff carpark

To ensure the safety of students, staff and parents when dropping students at school and collecting students in the afternoon, we ask that parents now use the front gates in Leeming Street only when dropping off and picking up from school. We have had a number of incidents in the staff carpark and it is important that safety is put first.

When you take your child from the COLA area, please ensure you use the gates at the front of the school and do not walk children through the staff carpark.

We appreciate your understanding and support in ensuring the safety of our whole school community.

## ANZAC Day March

Once again, our school will be represented at the Berowra RSL ANZAC Day Service on 25th April, 2019. The ANZAC Day March will commence from 7:15am and we will be meeting on the road adjacent to the new Berowra Rural Fire Service shed. The march will start at 7:30am.

Following the march, the ANZAC Commemoration Service will be held at the Community Centre. Breakfast is being held at Berowra RSL Club. The cost of breakfast is a gold coin donation with all proceeds going to charity.

This invitation is open to the Mount Kuring-gai Public School Community. If your child is attending and would like to represent our school, they must come dressed in full winter uniform. Parents will need to provide transport to and from the venue.

To get an idea of numbers for the march, can you please send an email to: [nicole.m.tudor@det.nsw.edu.au](mailto:nicole.m.tudor@det.nsw.edu.au), if your child/ren will be attending.

## ANZAC Day Service

We will be holding a special assembly for ANZAC Day on Monday 8th April. The assembly will commence at 9:30am in the school hall. Tea and coffee, along with some ANZAC biscuits, will be provided for parents and carers following the service.



# Stage 2 Science Lessons

Every day we see or use things that have been melted or frozen, heated or cooled. All around us are items that we find both useful and attractive that have been moulded into different shapes using heating and cooling. Understanding the properties of materials and how they change state under different conditions can help scientists to develop even more extraordinary products to help improve our quality of life.

This term Stage 2 have been working together to explore how solids and liquids are influenced by temperature. They have taken part in hands-on experiences of freezing, heating and cooling different materials.



## Artwork in 1/2T

1/2T have been studying Australian Artists. The class has enjoyed looking at the work of Sidney Nolan and have innovated one of his most famous works on Ned Kelly. They have been budding artists having fun creating their masterpieces using paint and collage. Awesome work!



## Learning in 5/6S

5/6S have been interpreting Australian History through art. They have discussed how artists create points of view in the way subject matter is organised and how colour and texture have been used. The students made drawings, prints and paintings that represented historical events and Australian icons. These collages represent viewpoints of Australian identity. Each student wrote a critique about their work explaining what each symbol represented.



## Learning in 5/6HM

5/6HM created colourful, abstract portraits inspired by Picasso's cubism. They learnt to emphasise the flat, two-dimensional surface of the picture plane.



## Positive Education

All of the teachers are very impressed with their students and their commitment to being kind to others. In class, we shared some of the kindness notes from our 'Catch Some Kindness' jars. It was great to hear about all of the kind things that have been happening at MKPS. This fortnight, the students looked at the theme of forgiveness and how this related to The Golden Rule. During the lesson, we role played different scenarios and practised apologising in a sincere way. Students were really able to see the difference between just saying sorry and showing that you are sorry. Next week we will be looking at the theme of bullying and will link this to The Golden Rule and what we have learnt so far about kindness and forgiveness. You can find our Week 9 lesson on the school website under 'Learning at our School → Positive Education'.

**Amelia Wargren**  
*Wellbeing Team Coordinator*



# HARMONY DAY

On March 21st, Mount Kuring-gai Public School celebrated Harmony Day, a day where we recognise the beautiful, multicultural country that we live in. The students spent the morning decorating kindness rocks and learning about the meaning of Harmony Day. We then invited parents into the classrooms to share experiences from different cultures. Jim Jam Carmel and Jim Jam Kylie also taught the students a song about Harmony Day called 'Everyone Belongs' which they sang with pride at our afternoon assembly. In the afternoon we had our Parade of Nations where the students could show off the traditional dress from their cultures. We then all had the opportunity to place the kindness rocks on the word kindness and talk about how kindness colours our world. After school, the students all took home a kindness rock and were encouraged to keep spreading kindness with their rocks at home. Overall it was a fun day full of learning. Thank you to all of the parents who volunteered their time to come into the classrooms and to the teachers for your organisation.

**Amelia Wargren & Rebecca Connolly**  
*Harmony Day Coordinators*



# Debating Workshop

On Wednesday 20th March, eight students from the MKPS Debating Team attended a debating workshop at Asquith Public School. They all had a great time learning about how to be excellent debaters and how to structure a strong argument. It was a great opportunity for the students to learn from the professionals and give and receive feedback from other schools. In the afternoon we had a friendly debate against each other where we got to put into practice the skills that we had learnt. It was great to see the progress that the students had made in such a short amount of time. We are really looking forward to a great year of debating!

**Amelia Wargren & Rebecca Connolly**  
*Debating Team Coordinators*



## PATCH

Jim Jam Music has students at MKPS excited to be tapping out rhythms with our percussion instruments so as part of our PATCH program, we decided to allow students to explore making sounds. We love seeing the smiles on children's faces when they pick up an instrument.

*Did you know.....*

*Music helps develop the left side of the brain known to be involved in processing language.*

*Music helps auditory development in the brain as students learn to hear tempos, dynamics, tuning and harmonies.*



*Music helps our skills in mathematics. By understanding beat, rhythm and scales, children are learning how to divide, create fractions and recognise patterns.*

*Music is a powerful tool in enhancing health and wellbeing.*



# Learning and Support News

The roles that a parent and teacher have in a child's life are big. Bigger than we probably realised when signed up. Which is why it is so important to work together. As we negotiate those tricky times in a child's life, we often ask - Why? Is this normal? What can I do to help? Where is the rule book or instruction manual that should have been presented to us when we took on the challenge of supporting these precious children into becoming independent individuals who contribute to our society, and who are, ultimately, happy?

Well, there is good news. There are many different services available that are available to support us - and yes, I mean us - parents and teachers. This is by no means a totally exhaustive list, but it is a start. I will endeavour to cover some of the main ones as best I can in a short space.

## Concerns:

- Speech (how sounds and words are articulated), language (words, vocabulary, meanings, being able to understand as well as express themselves clearly), reading comprehension, eating, swallowing --> **a Speech therapist / speech pathologist / speech and language therapist**
- Fine motor (pencil grip, hand strength, cutting skills), gross motor (catching, throwing, balancing, running), social skills (calling out, interrupting, standing too close when talking, conversational skills) --> **an Occupational Therapist**

- General concerns in regards to health, behaviour, learning ability and if your child is progressing as should be expected --> **pediatrician**
- Difficulty with processing emotions, understanding how others feel, controlling their behaviour and anger --> **psychologist**. (There are many different specialised types of psychologists as well who have extensive training in education, cognitive abilities and autism to name just a few)
- Hearing, auditory processing - **audiologist**
- Vision, reading, colours, - **optometrist, ophthalmologist or behavioural optometrist**
- **Your local GP**. GPs are some of the most important people to see if you are concerned about your child. They will give referrals to the above mentioned services, and can recommend Health Care Plans that may assist in the provision of such services. With all of these services, the GP should be able to provide you with guidance.

Your child's teacher or school Learning and Support Teacher may also be able to provide you with support. What is important, is that teachers and parents work as a team to support your child - school children spend more hours a week, face to face with their teachers, than with any other adult. Let's work together to support our most precious resource - our future, our children.

Have a wonderful week.

**Bernadette Whiting**

*MKPS Learning and Support Teacher*

[Bernadette.cox@det.nsw.edu.au](mailto:Bernadette.cox@det.nsw.edu.au)



## Kids on Keys

Group Piano Class  
5 - 8yrs 4pm  
Thursdays



## Learn to Sing

Group Vocal  
6 - 9yrs 4pm  
Tuesdays

**Award Winning, Joyful Music Education for Kids aged 0-12 years**

Kindermusik - School Program - Drumming - Keyboard - Voice - Choir

**jimjam**  
studios

[www.jimjamstudios.com.au](http://www.jimjamstudios.com.au)

# ENROL NOW

COME AND TRY ONE OF OUR DANCE CLASSES

**BEROWRA ASQUITH  
PENNANT HILLS**



**HIP HOP ACROBATICS LYRICAL  
BALLET JAZZ TAP PERFORMANCE**

ACCEPTING ACTIVE AND CREATIVE KIDS VOUCHERS



CONTACT US  
0408 473 803  
Jan@BelcastroDance.com

## Live Life Well @ School

R-E-D-U-C-E RECREATIONAL SCREEN TIME!

And increase  
outdoor green  
time!



'Research shows that time spent outdoors, especially interacting with nature, can lower stress and anxiety, improve mood, increase perceived wellbeing, and improve concentration and attention.'

Search 'Outdoor Play' at  
[www.mindmatters.edu.au](http://www.mindmatters.edu.au)



Health  
Northern Sydney  
Local Health District

## SCHOOL HOLIDAY ART CAMP FOR AGES 5-9

at JimJam Studios **2:00-4:30PM**

**\$50**  
April 18th

Become a **FASHION DESIGNER**  
with WonderLab Art Atelier

Paint, draw and put together a wooden mannequin using loose parts, fabric scraps and collage materials

Open-ended and unstructured program which helps children to practice creativity and imagination while exploring the potential and language of art materials.



LEARN MORE ABOUT WONDERLAB ART STUDIO  
WEB | [www.wonderlabkids.com.au](http://www.wonderlabkids.com.au)

Limited Spaces. Call 0419 809 055 or email  
[admin@jimjammusic.com.au](mailto:admin@jimjammusic.com.au) to book.

**jimjam**  
studios





## CHILDREN'S TERM 2, 2019 SCIENCE PROGRAMS

A series of interactive science programs presented by the Children's Discovery Museum.

Children will develop ideas and skills that will inspire further scientific exploration, discovery and learning.

### THE JUNIOR SCIENCE CLUB

A four week program aimed for 6 to 8 years young scientists presented by the Children's Discovery Museum.

Participants will be able to learn and explore themes from different branches of science through numerous practical experiments.

**SESSION 1: See Light in a New Light**  
Monday 3 June, 4.30pm-5.30pm

**SESSION 2: Sounds of Silence**  
Monday 17 June, 4.30pm-5.30pm

**SESSION 3: Water Works**  
Monday 24 June, 4.30pm-5.30pm

**SESSION 4: Wind Things**  
Monday 1 July, 4.30pm-5.30pm

**Location:** Hornsby Library  
28-44 George Street, Hornsby

**Ages:** Strictly 6-8 years.  
Children 7 and under must be accompanied by an adult.

**Cost:** \$60 for the 4 week program.

**Book online at [hornsby.nsw.gov.au/library](http://hornsby.nsw.gov.au/library)**



For more information about your local library visit [hornsby.nsw.gov.au/library](http://hornsby.nsw.gov.au/library)



# FREE

# Kids Gardening Classes

## 11am

Mon 15 - Thurs 18 &  
Tues 23, Wed 24 & Fri 26 April

*No classes on Good Friday, Easter Monday & Anzac Day*

Kids under 5 must be accompanied by an adult.



For more gardening advice, visit [flowerpower.com.au](http://flowerpower.com.au)

Pot your own seedling to take home.

## BATTLE AT BEROWRA 2019

SKATE, BMX & SCOOTER COMP AT BEROWRA SKATE PARK

**NYW**  
NSW YOUTH WEEK  
10-18 APRIL 2019

HELMETS REQUIRED



**SATURDAY**  
13 APRIL, 11AM-4PM  
BEROWRA SKATE PARK,  
BEROWRA WATERS RD, BEROWRA

Skate/Scoot/BMX events. Free BBQ. Chalk Art Demos. Lose the Litter Pledge. Music. Prizes and More!

Parking available at Berowra Community Centre.

### SCOOT 11AM

14 and under  
15 and over

### BMX 12.30PM

14 and under  
15 and over

### SKATE 1.30PM

12 and under  
16 and under  
25 and under

For more information contact Sue Downing on 9847 6889 or [sdowning@hornsby.nsw.gov.au](mailto:sdowning@hornsby.nsw.gov.au)

[hornsby.nsw.gov.au/youthweek](http://hornsby.nsw.gov.au/youthweek)



## CODING FOR KIDS

TERM 2, 2019

Y1 - Y7 STUDENTS, Hornsby Library

LEARN TO CODE AND BUILD YOUR OWN ONLINE PROJECTS WITH CODE4FUN

- Hornsby Library Meeting Room
- Every Tuesday, 30 Apr - 2 Jul (10 weeks)  
**Beginners Course Level 2**  
Y1 - Y6 students 4:00 pm - 5:00 pm
- Every Tuesday, 30 Apr - 2 Jul (10 weeks)  
**Advanced Course: Intro to Java Level 2**  
Y3 - Y7 students 5:10 pm - 6:10 pm
- Laptops are provided
- \$220 per student per term

Year 1 to Year 7 students are welcome to join. STEM focused programs - students develop critical thinking and problem solving skills by learning to code.

**ENROL NOW:** [WWW.CODE4FUN.COM.AU/HORNSBY](http://WWW.CODE4FUN.COM.AU/HORNSBY)

If you have any questions email us at [info@code4fun.com.au](mailto:info@code4fun.com.au) or call 0452 525 453. Check out our website at [www.code4fun.com.au](http://www.code4fun.com.au) for more details about our school.





# ASQUITH BOYS HIGH SCHOOL

## 2020 Scholarship Program

Asquith Boys High School provides opportunities for students to pursue high quality academic, creative arts and music programs, whilst studying curriculum developed by NESA (NSW Education Standards Authority). Scholarship opportunities are offered at Asquith Boys High School to encourage and acknowledge students in excellence across academic and creative arts subjects.

## Year 7 2020 Instrumental Band Scholarship applications are now open



Download the application package from the website [www.asquithboy-h.schools.nsw.gov.au](http://www.asquithboy-h.schools.nsw.gov.au) or phone the school on 9477 3508. Applications close Friday 28 June 2019, 3pm.

# RECREATIONAL HOLIDAY GYMNASTICS



## Hornsby RSL Youth Club Gymnastics

1 Ashley Lane Hornsby NSW 2077  
Phone: 9476 6689

Email: [info@hornsbyrslgymnastics.com.au](mailto:info@hornsbyrslgymnastics.com.au)  
Website: [www.hornsbyrslgymnastics.com.au](http://www.hornsbyrslgymnastics.com.au)

**BOOK NOW**

**APRIL 2019 PROGRAM**

Our popular recreational holiday gymnastics program will be running again throughout the April school holidays for all children aged 5 – 12 years (no experience necessary). The days are fun filled, fast moving and include use of all the gymnastics apparatus. Children have the opportunity to learn new gymnastics skills, participate in games, circuits, group activities, mini competitions and much, much more!! Classes are run by fully accredited Gymnastics Coaches, holding Senior First Aid Certificates. Bookings are essential and must be made via our website.

Class numbers are limited, so hurry and get your friends together so you don't miss out!

### PROGRAM DETAILS:

Time:	9am – 3pm each day	
Dates:	Monday 15 <sup>th</sup> April	Theme: <b>Sports Stars</b>
	Wednesday 17 <sup>th</sup> April	Theme: <b>Easter Madness</b>
	Wednesday 24 <sup>th</sup> April	Theme: <b>Witches and Wizards</b>
Cost:	Members Price* = \$40 per day    Non Members Price* = \$45 per day * A member is a person who is registered for term time gymnastics classes in 2019	
What to bring:	Morning tea, lunch, water, sunscreen and a hat. No nuts permitted.	
What to wear:	Dress to suit the theme for the day!! Please ensure clothing is suitable for gymnastics or the dress up items can be removed for the activities!!	
Cancellations:	Please note that refunds or credits are not permitted.	

### VISIT OUR WEBSITE FOR MORE GREAT HOLIDAY GYM OPPORTUNITES:

- ✓ Tumble, Tricks and Flips sessions (8 Years plus)
- ✓ Advanced Gym Sessions
- ✓ Senior Gym sessions (high school students)

**BOOK ONLINE NOW:**

[www.hornsbyrslgymnastics.com.au](http://www.hornsbyrslgymnastics.com.au)