

## **Mount Kuring-gai Public School**



Leeming Street, Mount Kuring-gai NSW 2080

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September 2018

## Principal's Report

### **SASS Recognition Week**

One week in the year we acknowledge the great work that happens each and every day at MKPS, and that is the work of our School Administrative and Support Staff (SASS). They are an integral part of why our school runs so smoothly and efficiently. Last week, the Teaching Staff took the opportunity to thank SASS by providing several afternoon teas. Thank you ladies and Paul for all that you do. Our school would not be the place it is without you.

## <u>Triple P Seminar 3 – Raising Resilient Children</u>

Next Wednesday 19<sup>th</sup> September the NSW Government is running a seminar designed for parents/carers of 3-12 year olds who are interested in learning about positive ways of promoting their children's development. This seminar is a free and very informative seminar provided by the school for parents/carers who children attend Mt Kuring-gai Public school. Bookings are essential. Please RSVP by tomorrow, Friday 14<sup>th</sup> September to the ladies in the office at <a href="mailto:mtkuringga-p.school@det.nsw.edu.au">mtkuringga-p.school@det.nsw.edu.au</a>.

#### **Cause to Celebrate**

This year we were one of approximately 440 government schools that participated in the online NAPLaN format. There has been a lot of media comment about the format and the ability to compare results. The advice we have been given is to use the results as they were initially intended to be used as, a diagnostic tool, to identify a student's strengths and weaknesses. Last week the school received a snaphot of this year's NAPLaN results (parents will receive their report as soon as they arrive at the school) for individual student achievement. It is very pleasing to see that we have achieved better than I had anticipated. In Year 5 there are 8 bands of achievement and you would hope that every child is at least Band 4 or above for every aspect that was being assessed. We had 100% of students achieve a Band 4 or greater in every aspect of the NAPLaN assessments. This result is testament to the incredible work that the staff do every single day. In the coming weeks I will be analysing the data in more depth and will provide further information to the community about our results, and work with staff to ensure that we can target any specific areas of the curriculum that needs addressing. However, at the first glance we have achieved amazing results. If you have any concerns or questions when you get your results please make an appointment with your child's teacher to discuss individual circumstances.

Congratulations staff and more importantly boys and girls, well done.

## **Creative Arts Performances**

The creative arts students at Mt Kuring-gai are having a very busy month. On Monday the Senior Choir and Dance Group had two performances at the Hornsby District Music Festival at the Hornsby RSL. A number of local schools participated in this event which included choir, dance, and musical solo performances. The confidence of the students in the performance was high as they took to the stage. The numerous rehearsals were worth it as the students all looked and sounded amazing. There was an obvious sense of pride in our school as well as a strong comradeship felt, with the choir and dance groups loudly cheering for one another after each performance. Congratulations and well done to all involved.

On Thursday 20<sup>th</sup> September the Senior Choir will be part of a combined schools choir performing in the "Arts Alive" choral concert at the prestigious Sydney Opera House. This certainly is a highlight, privilege and fantastic opportunity for the Senior Choir. I'm very much looking forward to seeing them perform.

Thank you to Mrs Slade and Miss Cameron for their support and encouragement, especially during this busy month.

### **Kindergarten Excursion**

On Friday last week, the Sugar Gliders headed off to Golden Ridge farm at Dural. For some children (and adults) it was a day of firsts. It was great to see every child excited by the opportunity and thoroughly engaging in their learning. Fun was had by all. Thank you to the parent helpers and Miss Samuel for accompanying the children for their special day.

#### **School Debating**

Our school's Premiers Debating team will finally get to represent our school today at Mt Colah Public School. The students are very much looking forward to the opportunity to compete. We wish them all the very best of luck. Thanks to Miss Wargren and Mr Byrne for all their words of wisdom. Their next debate is at Galston PS on the 18<sup>th</sup> September.

#### **Grandparents Day**

On Monday 17<sup>th</sup> September we are celebrating Grandparents Day. Grandparents are invited to visit the classrooms from 9:30am to see the wonderful work their grandchildren are doing. At 10:30am students and grandparents will make their way to the hall for a special Grandparents' Day assembly to watch different school performances. At approximately 11:00am, morning tea will be provided and grandparents are welcome to stay with their grandchildren during their lunch break. We are looking forward to welcoming our special visitor's on Monday.

## "Star of the Month" Assembly

"Star of the Month" assembly will take place on the last day of term, Friday 28<sup>th</sup> September in the school hall at 9.30am. We look forward to The Black Cockatoos running (soaring through) the assembly.

#### Staff PL

The staff at MKPS is incredibly dedicated to their profession. Everything they do is about improving their practice to ensure that they are having the most impact they can on a student's learning. This term our professional learning, which takes place every week, has centred around Student Wellbeing. We are looking at the school's current framework and how or where it can be improved. There is clear evidence that as a school this is an area that we need to address. Later next term I will be holding some parent forums to talk about the school's current framework and any potential changes that may need to be made to improve student wellbeing and engagement which research clearly shows improves student outcomes. It is vitally important that we all have input in to this, so please stay tuned for these forums. The following staff have presented topics this term on areas of their knowledge of programs or topics to inform us on what may work here at MKPS so the teaching staff can have informed discussions with the community. Mr Byrne presented on Positive Behaviour Engaged Learner (PBEL), Mrs Slade presented on Trauma Informed Practice (Mrs Slade is also trained as a Special Education teacher and last year was a relieving Assistant Principal at a School for Specific Purpose) and Miss Wargren presented on Positive Psychology. I thank them tremendously for sharing their knowledge and insights. Next term I will provide specific dates and times around these forums.

Mrs Tudor continues to lead the Quality Teaching Rounds at MKPS and this week presented to staff the elements of the Quality teaching Model. This practice is designed to support teachers to look at their practice, self-reflect and identify areas where they can develop. Again al aimed at improving student outcomes. I very much thank all staff for their dedication to their craft and being lifelong learners.

## **Uniforms**

As the weather is starting to warm up students are allowed to wear their summer uniform if and when we have warm days. I encourage all students to keep an eye on the predicted weather to ensure they are dressed appropriately for each day. In essence from now until the end of term 4 week 2 students can wear either the summer or winter uniform. Please ensure all clothing is labelled. The Clothing Pool is open Wednesdays at 9am-9:30am.

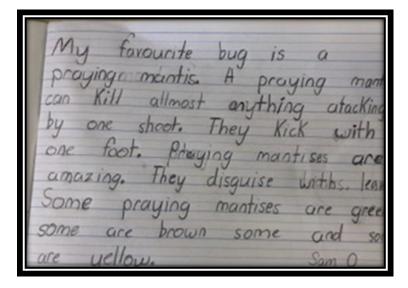
## **Relieving Principal**

As some of you are aware I will be taking Long Service Leave for the first three weeks of next term. Someone has been selected through an Expression of Interest that was conducted by my Director of Educational Leadership – Mrs Ros McCallan-Jamieson. Unfortunately at this stage I am not in a position to provide their name, however, I have spoken with them and they are thoroughly excited about the opportunity. I am having a handover meeting with them at the beginning of week 10 and this is when I will be able to provide you with their name. Mrs Tudor and Mr Byrne will be onsite during this time to support the relieving principal.



# Year 1 loves bugs!

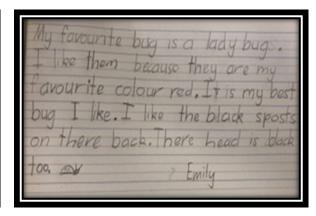
As part of our Science Unit "Schoolyard Safari", we have been learning about our smallest creatures.





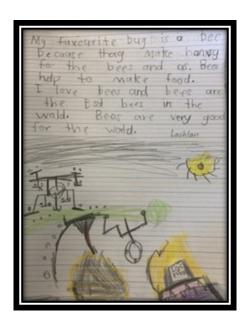
My favourite bugis afly because they eat mosquitos Are mosquitos Are mosquitos bad? Yes because they sting.

Charlotte W

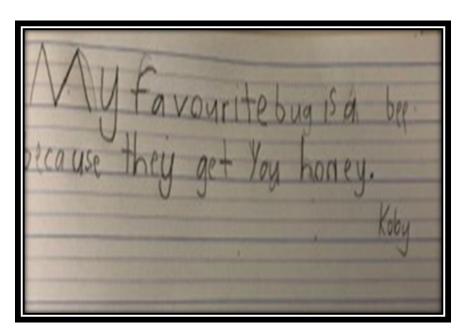


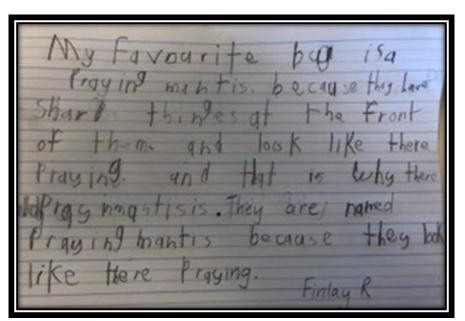
My favourite bug is a grouing man tis become ellhoused anything. To oftack they jump-kick. They are green so they conflow in the leaves. They hide away from there predteds when there predteds look oway from them they jum out at the predted and kill it.

Title Y (AN Even kill lions.

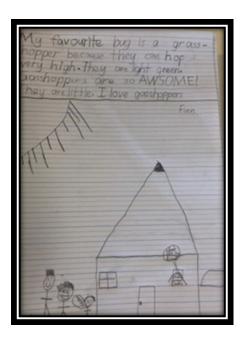


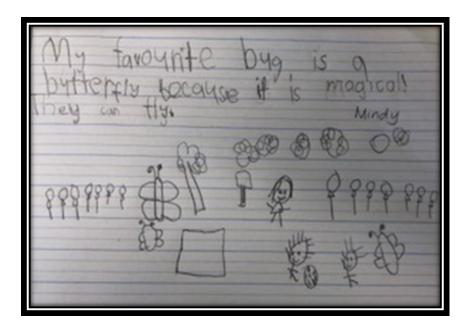


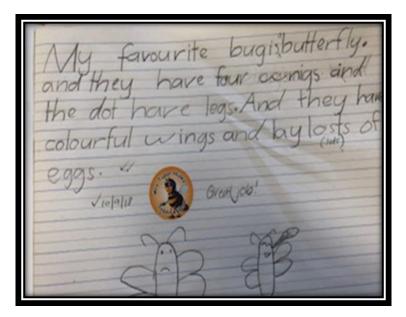


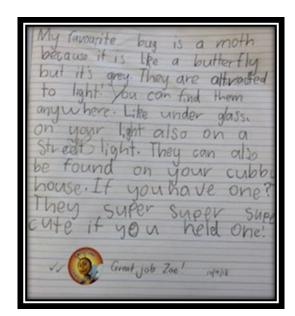








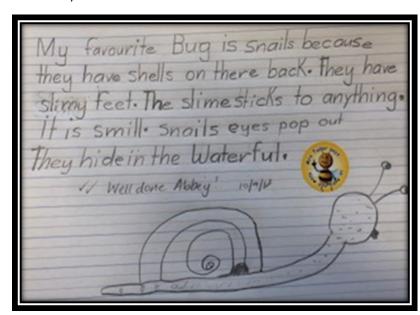




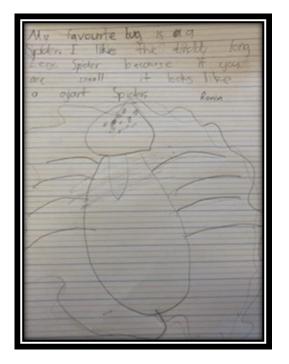
By Charlotte J

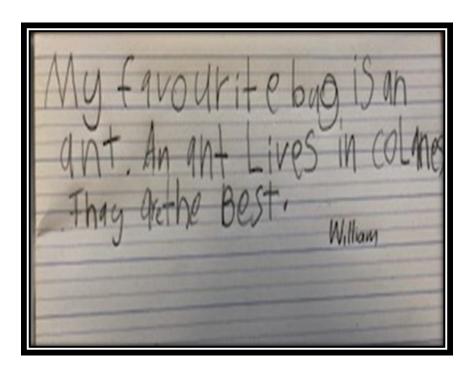
My favourite bugs are the wolf spider and the praing mantis. I like the wolf spider because they are cute. I like praing mantis because if the girl is hungry and she can't find food she will eat her boyfriend start ind from the head She dosen't evern wolf till the boy is dead!

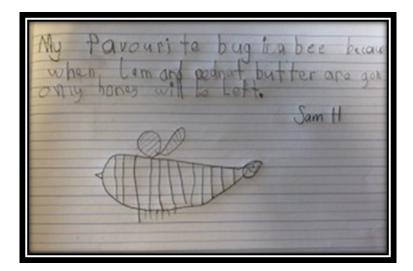
By Zoe B

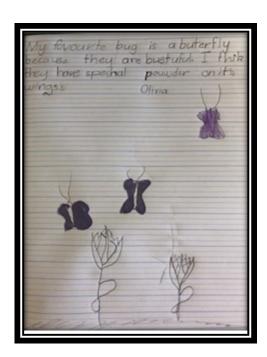


By Clara By Abbey

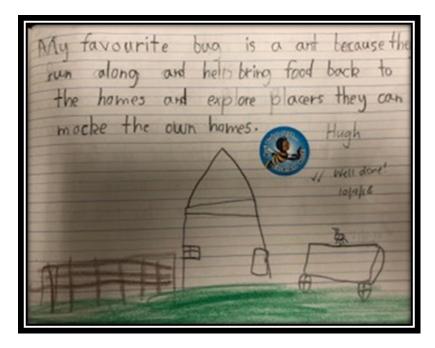


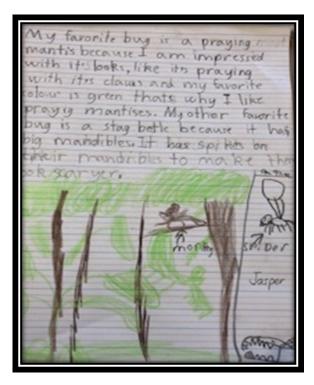


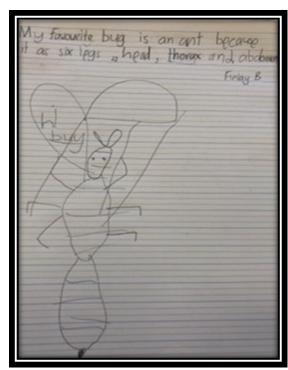














## **Kindy Farm Excursion**































## **K-2 HOME READING TIPS**

- Home reading should be a positive experience for both parent and child. The book they take home will be a familiar book and it is okay (in fact it is beneficial) for the book to be read more than once or twice.
- Make it part of your routine and find the right time for you and your child to enjoy this special time together (mornings may work better than evenings in some cases).
- Let the reader hold the book and turn the pages.

#### **Before reading:**

Ask some questions about the book: What do you think the books is about? Why?

What do you notice about the picture on the front? Or if they have read it before: Do you remember what happened in the story? What do you like about the book? Is it a story or a fact book?

#### **During reading:**

- Listen to your child read the story.
- Let him/her hold the book and turn the pages.

If they read correctly, praise them as they turn each page. Try and be specific with your praise.

Eg. Great job! You corrected that all by yourself. Good job! That didn't make sense and you corrected it.

You are trying to re-read the sentence. Terrific! Your reading sounds just like talking. Fantastic!

Well done! You are reading with expression for the talking parts.

If your child makes an error or stops at a word give him/her 5 seconds to self-correct. If they don't self-correct, give them 5 seconds to have a go before telling them the word.

#### **After reading:**

Praise, Praise! The aim is for students to view themselves as successful readers.

Ask questions: What was your favorite part? What was the problem in the story? Which character did you like the best?

Important Note: Students who are reading beyond Level 17/18 are encouraged to read familiar books from school and also books from the school/local /home library, choosing books that they enjoy and are interested in.

If your child is becoming frustrated during the Home Reading process, please see your child's classroom teacher.

## **Helpful prompts**

When the reading doesn't make sense	When the reading doesn't sound right	Sounding out errors
Look at the picture.	Does it sound right?	Does it look right?
Does that make sense?	Should you say it like that?	Look at the first sound.
Read on and come back.		Say the sounds in order.
Think about what you've read.		Look for any parts of the word you
Now have a guess.	Now have a guess.	Now have a guess.

## Fruit & Veg Month 2018 at Mt Kuring-gai Public School

Our school has registered for Fruit & Veg Month 2018. The theme for this year is 'Happy Fruit & Veg'tember!'

Fruit & Veg Month 2018 runs for the last 4 weeks of Term 3, Monday 3<sup>rd</sup> to Wednesday 26<sup>th</sup> September.

As part of Fruit & Veg Month, students will be involved in various classroom and school based activities which encourage them to eat more fruit and vegetables. Each classroom will have a poster where they will list all the different fruit and vegetables they eat over the course of the month. The class with the highest number of fruit and vegetables on their poster by the end of September will be crowned our Fruit and Veg'tember champions! So encourage your child to try a different fruit or vegetable for their Munch and Crunch during September.

On **Wednesday, 26<sup>th</sup> September, from 9:15am** we will be holding a 'Happy Fruit & Veg'tember' morning tea where students, staff and parents can sample various fruits and vegetables.

For parent information about healthy lunchboxes and healthy family recipes, please visit:

https://healthy-kids.com.au/parents/



## JUMP ROPE FOR HEART

This year our school is participating in Jump Rope for Heart-a fantastic physical activity and fundraising program by the Heart Foundation that has been running for 35 years.

Since Jump Rope for Heart started in 1983, schools like ours have raised more than \$75Million for the Heart Foundation's lifesaving work.

Jump Rope for Heart is a great way for your child to keep fit and learn new skills, but it also helps raise funds for vital heart research and education programs.

It's important you register your child online, so that they can receive the full benefits of the program and participate in online fundraising.

Sign your child up for online fundraising by visiting www.jumprope.org.au Thankyou for supporting the Jump Rope for Heart program!

Carla Todd Jump Rope for Heart Coordinator



## **SENIOR CHOIR NEWS**

Ticket sales for the Arts Alive Primary Choral Concert go on sale Tuesday 28th August 2018.

http://www.sydneyoperahouse.com

Concert date: Thursday 20th September



## **Outback Pet Project**

Unfortunately due to the drought the farmers four legged friends are also suffering. Some farmers have been forced to surrender their work dogs cause they can't afford to feed them.

If you could please donate some pet food or pet products we will deliver to the drop off centre.





## **DATES FOR YOUR DIARY** 2018

## Friday 14th September

Summer PSSA Starts

**Monday 17th September** 

**Grandparents Day** 

Wednesday 19th September

Triple P Seminar

**Thursday 20th September** 

Senior Choir Opera House

Friday 21st September

Stage 1 Gibberagong Excursion











## TRIPLE P SEMINAR 3 - RAISING RESILIENT CHILDREN

The Triple P Seminar Series is part of the well-known evidence based and internationally recognised Triple P. Programs from the University of Queensland. The seminars are designed for parents/carers of 3-12 year olds interested in learning about positive ways of promoting their children's development.

The FREE 'RAISING RESILIENT CHILDREN' Seminar follows on from Seminars 1 (The Power of Positive Parenting) and 2 (Raising Confident, Competent Children) and covers six important building blocks or life skills for managing emotions:

- Recognising and accepting feelings Expressing feelings appropriately
- Building a positive outlook
- Developing coping skills
- Dealing with negative feelings Dealing with stressful life events

\* While this is Seminar 3 in the series, you do not have to have attended Seminar 1 or 2 to attend this seminar

VENUE: School Hall, Mount Kuring-Gai Public School

DATE: Wednesday 19th September 2018

6.30pm - 8.30pm

Refreshments provided

BOOKINGS ESSENTIAL - PLEASE EMAIL mtkuringga-p.school@det.nsw.edu.au by Friday 14th September

CHILD AND ADOLESCENT PARENTING





There are 12 key skills children need to participate successfully in all types of games, physical activity and sports. Here is one: SPRINT

- Lift your knees high
- · Bring your heel close to your bottom
- Eyes focused forward
- · Don't let your heels touch the ground
- · Land on the balls of your feet
- · Bend your elbows at 90 degrees
- Drive arms forward and back in opposition to legs

**Demonstration: Search** 'Get Active Sprint' video on YouTube



Health Northern Sydney Local Health District

## AUTISM SUPPORT IN HORNSBY



The Autism Community Network provides free support during school terms for families living with autism conditions. If you would like to meet other carers who understand you or find social opportunities for your ASD child and their siblings, please contact us or come along to our free support group meetings

## HORNSBY SUPPORT GROUP - EVENING

When: First Tuesday 7.30 to 9.30 pm

Venue: Hornsby RSL Club— in the Sports Lounge

## HORNSBY SUPPORT GROUP - DAY

When: Fourth Thursday 10 am to noon

Venue: Hornsby RSL Club— in the Sports Lounge

For more information:

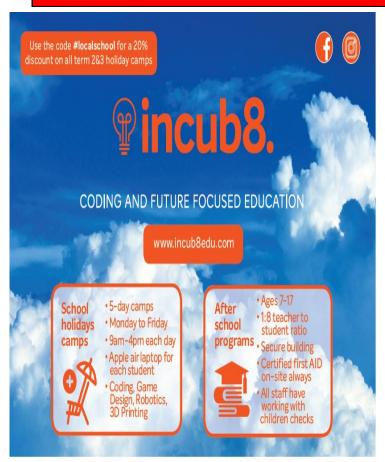
www.autismcommunity.org.au | info@autismcommunity.org.au | 9543 9036



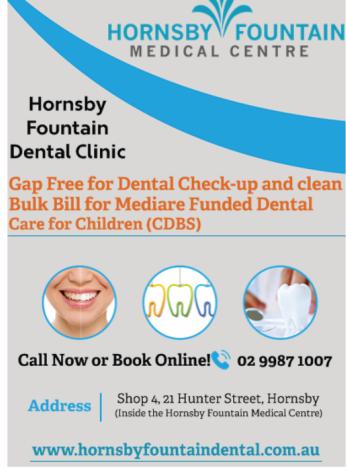
## Did you know ......

When your child misses just	that equals	which is	and therefore, from Kindy to Year 12, that is
10 minutes a day	50 minutes of learning each week	Nearly 1 ½ weeks per year	Nearly ½ a year of school
20 minutes a day	1 hour and 40 minutes of learning each week	Nearly 2 ½ weeks per year	Nearly a year of school
½ hour a day	½ a day of learning a week	4 weeks a year	Nearly 1 ½ years of school
1 hour a day	1 whole day of learning each week	8 weeks per year (nearly a term)	Over 2 ½ years of school

# **Community Notice Board**



1 block from Westfield and Hornsby train station. LL 59 Hunter Street Hornsby 2077







# **BEROWRA RSL**

New members can try free for 2 weeks



We swim on Sundays at Hornsby Pool

# 2018/19 REGISTRATION DAY

BEROWRA VILLAGE SHOPPING CENTRE (OUTSIDE BAMBINOS TOO)

Saturday 15th September 2018, 10am – 2pm

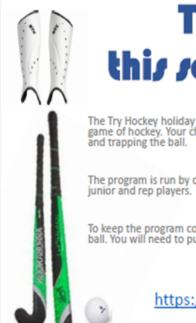
We welcome all swimming levels. Swimmers are grouped according to ability with handicapping used to promote close racing.

There is also an opportunity to compete at Zone and State levels.

AGES FROM 4 to 24

www.berowrarslswimclub.org or find us on Facebook





# Try Hockey this school holidays

The Try Hockey holiday program is designed to introduce younger children to the game of hockey. Your child will learn basic hockey skills such as dribbling, pushing and trapping the ball.

The program is run by qualified and experienced coaches assisted by some of our junior and rep players.

To keep the program costs low, we loan participants a hockey stick, shin pads and ball. You will need to purchase a mouthguard (\$10 at our shop or from a pharmacy).

Register and pay: https://www.ndhockey.com.au/shop/

Or contact Sarah 0403 202 383 for more information



For ages 5 to 12

Tues 9<sup>th</sup> Oct 18 9:30am – 12:30pm

Pennant Hills Park Britannia St Pennant Hills

> \$20 per participant

# **McGrath**



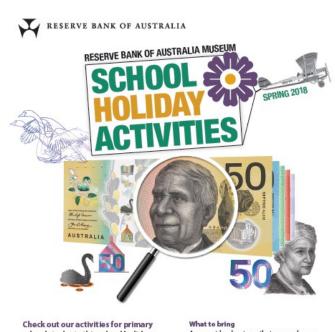
PROPERTY MANAGEMENT

## Aroha Gilbert 0418 752 652 Local estate agent - Berowra





ASQUITH GIRLS HIGH SCHOOL ANNUAL TAS DISPLAY TUESDAY 25TH SEPTEMBER 2018 - WEEK 10 TERM 3 TAS BOOTHS + FOOD SERVICE 5:30 PM - FASHION PARADE 6:30 - 7:30 PM \$3 CHILDREN, \$5 ADULT, \$10 FAMILY.



school students this school holidays

- Get an interactive presentation on the new \$50 banknote and discover banknote security features.
- Explore the Museum with a treasure map and learn about the history of Australia.

Spring session times esday, 2 October, 11.00 am – 12.30 pm Thursday, 4 October, 11.00 am – 12.30 pm Tuesday, 9 October, 11.00 am – 12.30 pm Thursday, 11 October, 11.00 am – 12.30 pm

A current banknote so that you and your children can follow along with the interactive presentation.

Cost: FREE - Bookings essential Email: museum@rba.gov.au Phone: (02) 9551 9743

Reserve Bank of Australia Museum Ground Floor, 65 Martin Place Sydney NSW 2000

To find out more, visit: w.museum.rba.gov.au/events



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WWW.INCUB8EDU.COM

## MINECRAFT MODDING | GAME DESIGN WEBSITE DESIGN | 3D PRINTING | ELECTRONICS

Get a taste of what technology is all about this School Holidays with Incub8! Camps take place daily, for 8 hours, Monday-Friday across each full week of the School Holidays! Students can choose from five engaging tech areas of study. Sign-up for one day, two days or a full week, you decide! Our Holiday Camps are the perfect snapshot of our After School CIY.Clubs!

Ages 7-13

f facebook.com/incub8education

Lower Level 59 Hunter Street, Hornsby o instagram.com/incub8education 3 minute walk from Hornsby Westfield

## Helping Kids Thrive

Your local paediatric experts helping to educate you on how you can help your child THRIVE

Topics covered are aimed at pre school and school aged children

- Does your child lack CONCENTRATION at school or at home?
- Is CO-ORDINATION, BALANCE or SPATIAL AWARENESS of concern to you?
- Is your child's nervous system functioning at its OPTIMAL
- Does your child have difficulties with LEARNING?
- Does Your child avoid HANDWRITING tasks?
- Are you an educator who wants to learn how to HELP CHILDREN THRIVE?
- Would you like to be a more MINDFUL PARENT?
- Does your child have difficulty with SLEEPING?
- Is your child frequently SICK or have a DECREASED IMMUNE SYSTEM?
- Has your child experienced TRAUMA?

#### TOPICS COVERED ON THE NIGHT

- The importance of sleep and brain development
- Mow mindful parenting can improve relationships.
- Core stability and how it affects handwriting, learning and general co-ordination.
- Strengthening the immune system and the Gut
- Retained primitive reflexes, milestones and the nervous system
- Helping children recover from trauma
- 🗹 How Speech therapist can help with literacy and social skills

### THURSDAY 20TH SEPTEMBER 2018

Back by popular demand! Your local paediatric practitioners are sharing tips and solutions on how you can help your child THRIVE.

- Where: Hornsby RSL Club 2 High St
- When: Thursday 20th September from 5:30pm-9:00pm
- Register: https://www.eventbrite.com.au/e/helping-kids-thrive-parents-forumtickets-48693870678 or go to www.eventbrite.com.au and search HELPING KIDS THRIVE

BREAKING NEWS= Jacqueline Harvey at Hornsby Library Come along and meet one of Australia's most popular children's authors, Jacqueline Harvey. Together we will celebrate The Australian

Reading Hour by learning about the latest adventures of *Kensy and Max*. Join us as Jacqueline tells us all about the first and second instalment of her action-packed spy series Kensy and Max.

Where:

Thursday 20 September, 5.30pm

Hornsby Library

28-44 George Street, Hornsby

Cost:

Free

Bookings: Bookings essential. Book online at

hornsby.nsw.gov.au/library or at

any Hornsby Shire Library branch







Reading Hour







\$25 per

adult