

Mount Kuring-gai Public School

Leeming Street, Mount Kuring-gai NSW 2080

3 November 2016

Principal's Report

Year 6

This week sees Year 6 enjoying their last week of primary school. This grade has given so much to Mt Kuring-gai Public School. As they embark on the next stage of their life, high-school, I would like to say thank you and good luck for the future. You have given our school community so much and I know that you will be a success into the future. Remember, "Live your dreams!"

Last Saturday night the Year 6 students attended their 'farewell' at Asquith Golf Club. The Year 5 students and teachers were also present to celebrate their achievement. The night was filled with lots of laughter and tears. The children especially enjoyed the slideshow that provided a snapshot of the primary schooling. Each child will receive a copy of the slideshow. A massive thanks to Mrs Donnelly for compiling the memories for the children. The night ended with the initial performance of the Year 6 dance and they did a superb job.

Tomorrow the Year 6 children present their final performance at their final assembly. The assembly begins at 2:30pm and at the conclusion of the assembly each Year 6 child will ring the school bell to mark the end of their primary schooling.

Celebration of Learning

Congratulations to all the students! Their behaviour during the assembly was just outstanding, given the weather conditions. It was wonderful to see so many parents and grandparents attending on the day to celebrate their achievements. It is certainly an amazing community. Thank you to Abbey West and Tamara West for organising the canteen and to all our special visitors who presented an award.

End of Year Reports

Your child's report was sent home yesterday. Each child has worked incredible well this year and should be proud of their efforts. As always if you have any queries about your child's education please contact the office to make a convenient time to speak to their teacher.

End of Year Party

Yesterday the students celebrated the year with an excursion to the Gibberagong Environmental Education Centre. In the morning the children participated in Stage appropriate learning activities conducted by the teachers from Gibberagong. Due to the weather conditions we altered the arrangements and had the children return to school around 1pm for their BBQ lunch and then had a class activity in their air-conditioned classroom. The welfare of the students is always paramount. Thank you to Mrs Corkery for organising such a great day!

Year 6 Mini Fete

The Year 6 students, with the support of their parents and Mr Johnson held a very successful Mini-Fete today. All the children thoroughly enjoyed the experience. It was great to see the interaction between all the different grades.

Talent Quest

Last week saw many performers auditioning for the school's end of year Talent Quest. Those that have progressed through this process will be performing for the school at 10:30am. I wish all of them the very best of luck and I am very much looking forward to seeing the 'talent' at Mt Kuring-gai Public School has to offer. Please feel free to come and watch these wonderful performers.

2017 Calendar Dates

2017 Classes

2017 TERM CALENDAR	
Term 1	<ul style="list-style-type: none">• Staff Return - 27 January 2017• Students Return - 30 January - 7 April 2017
Term 2	<ul style="list-style-type: none">• Staff Return - 24 April 2017• Students Return - 26 April - 30 June 2017
Term 3	<ul style="list-style-type: none">• Staff Return - 17 July 2017• Students Return - 18 July - 22 September 2017
Term 4	<ul style="list-style-type: none">• Staff Return and Students Return - 9 October - 15 December 2017

When the students return next year they will remain in their 2016 classes for a couple of days so I can confirm our enrolments. As soon as I am comfortable with the numbers attending our school I will form the new classes. Due to staff mobility most classes will start the year with this year's teacher. However, one or two classes may have a new face teaching them for a couple of days.

As 2016 draws to a close I would like to wish everyone a Merry Christmas and Happy New Year. Enjoy the festive season with your loved ones and stay safe wherever you may travel. It is real pleasure being a part of the school community and I am very much looking forward to starting 2017 with you. Thank you to all the amazing students and parents. The staff and students at MKPS are amazing and I wish them all a safe and relaxing break.

Matt Pinchbeck

Principal (rel)

Playground Alternatives for Students

Lunchtime in the Library for 3-6 students

This term, we are trialling opening the library on Mondays, Wednesdays and Fridays at second half of lunch for 3-6 students. Activities for students include board games, table tennis, drawing/colouring in, listening to music, listening to audio books or reading. So far, it seems to be a success and it provides an alternative area to the playground.

Sensory Area for K-2

The sensory area for K-2 students continues to be a popular space at lunch time and during afternoon tea. The sensory area provides an alternative to other playground activities and also promotes communication and sharing skills.

If students or parents have any suggestions on how we can improve on these spaces (eg. activities, equipment, layout) please contact Mrs Tudor with your ideas.



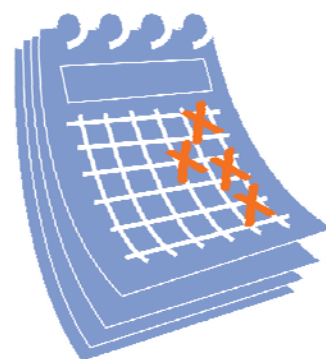
DATES FOR YOUR DIARY 2016

Thursday 15th December

Year 6 Farewell

Friday 16th December

Last day of Term 4





Thankyou to Simone and Blake from Bunnings Thornleigh for their generous donation of a Friendship Chair to our school. The Friendship Chair was inspired from Lachlan D's captain speech in 2015. He spoke about a Friendship Chair being a great addition to our school playground as it would help alert other students to those in need of a friend during break times.

I am pleased the chair arrived just in time for Lachlan to see it being used in the playground before he ventures into high school. Thankyou to Elliot and Nicholas who assembled the chair, assisted by Blake from Bunnings. The chair is a welcome addition to our playground. Thankyou Lachlan for your wonderful suggestion.

Nicole Tudor

Assistant Principal

Ethics classes at Mt Kuring-gai Public School

Dear Parents and Carers,

Could you be an ethics coordinator or an ethics teacher Mt Kuring-gai Public School?

Our current ethics coordinator, and our ethics teacher are moving on at the end of this year and we are seeking volunteers so that classes can continue next year. Ethics classes began at Mount Kuring-gai Public School in 2016 and are currently available for children in Stage 2 only in 2017.

The ethics coordinator communicates with school staff, supports ethics teachers and liaises with Primary Ethics, the not-for-profit organisation approved to design curriculum and training for the program.

This role provides a great opportunity for a working parent who might be unable to volunteer during school hours and is a rewarding way to engage with the school community. Times are flexible, requiring approximately 1-2 hours per week. Online training is provided.

Ethics teachers receive full training by Primary Ethics, the not-for-profit organisation approved to design curriculum and training for the ethics program. Training consists of a two day workshop and short online modules. Lesson materials are provided. Suitable volunteers have an interest in children's education and development of critical thinking skills and must be available at Wednesday at 10am each week.

In ethics classes, children learn how to think logically, disagree respectfully and support their arguments with evidence, rather than act according to blind habit or peer pressure.

Children discuss topic such as:

- imagining how others feel
- how do we treat living things?
- what is laziness?
- how do we disagree in a respectful way?
- fairness

If you are looking for an opportunity to make a valuable contribution to our school, please visit primaryethics.com.au or contact PE Regional Manager Hornsby Region at hornsby-region@primaryethics.com.au



MUNCH AND CRUNCH

As you all know, Munch and Crunch is a set time in our school where students 'refuel' on vegetables, salad and fruit and 'rehydrate' with water. Students who are not hungry and are well hydrated perform better in the classroom, show increased concentration, and are less likely to be irritable and disruptive.

We see so many lovely varieties of fruits and vegetables in our classrooms on a daily basis but we are also noticing that some packaged fruits are coming in for Munch and Crunch. The emphasis is on **fresh** fruit and vegetables to promote healthy eating and encourage our students to try new foods. Please see the list below for the foods we will allow for Munch and Crunch.

ALLOWED

All fresh vegetables

All fresh fruit

Frozen vegetables and fruit without other additives such as sauces or coatings

Tinned fruit in water or natural juice on limited occasions

Tinned vegetables without sauces (preferably no added salt) on limited occasions

Dried fruit in small amounts and on limited occasions

Plain water

NOT ALLOWED

'Fruit' products (e.g. fruit leathers, fruit roll-ups, fruit straps)

Fruit jams or jellies

Tinned fruit in syrup

Vegetable or potato crisps

Flavoured and/or carbonated water

Fruit or vegetable juices

Fruit cordial

Any drink other than plain water



"Act, Create, Communicate"



The difference is dramatic...

**Boost your child's creativity, confidence,
communication skills & self-development
through drama.**

NEW TERM STARTING SOON
STUDENTS AGED 3-17

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School Terms & Holiday Intensives

INDOOR HEATED POOL

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www.ffss.com.au



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RECREATIONAL HOLIDAY GYMNASTICS



Hornsby RSL Youth Club Gymnastics

1 Ashley Lane Hornsby NSW 2077

Phone: 9476 6689

Email: info@hornsbyrslgymnastics.com.au

Website: www.hornsbyrslgymnastics.org.au

**BOOK
NOW**

DECEMBER/JANUARY 2017 PROGRAM

Our popular recreational holiday gymnastics program will be running again throughout the Christmas school holidays for all children aged 5 – 12 years (no experience necessary). The days are fun filled, fast moving and include use of all the gymnastics apparatus. Children have the opportunity to learn new gymnastics skills, participate in games, circuits, group activities, mini competitions and much, much more!!

Classes are run by fully accredited Gymnastics Coaches. Bookings are essential via our website.

PROGRAM DETAILS:

Time:	9am – 3pm each day	
Dates:	Monday 19th December 2016	Theme: Ho! Ho! Ho!
	Wednesday 21st December 2016	Theme: SNOWMEN and REINDEER
	Friday 23rd December 2016	Theme: CHRISTMAS PARTY
	Monday 9th January 2017	Theme: SUPERHEROES
	Wednesday 11th January 2017	Theme: SOMETHING STARTING WITH "P"
	Friday 13th January 2017	Theme: FLURO FRIDAY
	Monday 16th January 2017	Theme: WHEN I GROW UP I WANT TO BE....
	Wednesday 18th January 2017	Theme: CRAZY CIRCUS
	Friday 20th January 2017	Theme: SUMMERTIME FUN
	Monday 23rd January 2017	Theme: WILD WILD WEST
	Wednesday 25th January 2017	Theme: AUSTRALIA DAY FUN
	Friday 27th January 2017	Theme: CRAZY CREATURES
Cost:	Members Price* = \$40 per day Non Members Price* = \$45 per day * A member is a person who has paid the annual fee for that year (1 st January–31 st December)	
What to bring:	Morning tea, lunch and a drink. No nuts permitted.	
What to wear:	Dress to suit the theme for the day!! Please ensure clothing is suitable for gymnastics or the dress up items can be removed for the activities!! **Children must have bare feet prior to entering the floor area	
Cancellations:	Please note that refunds or credits are not permitted.	
Bookings:	More information and to book visit our website www.hornsbyrslgymnastics.org.au	

VISIT OUR WEBSITE FOR MORE GREAT HOLIDAY GYM OPPORTUNITIES:

- ✓ **DROP AND SHOP - Christmas Shopping opportunities**
- ✓ **Tumble, Tricks and Flips and Senior/Advanced Holiday programs**

DECEMBER CHRISTMAS SHOPPING OPPORTUNITY!!

DROP AND SHOP



Have fun and meet new friends



At the **Asquith Magpies**
Junior Rugby League Club

Free Come and Try Sessions for boys & girls aged 4 to 12 years.

Our next Mini & Mod Session will be:

Date: Thursday 15th of December, 2016

Venue: Storey Park Oval, Asquith

Time: 4:30 - 5:30pm

Junior Rugby League develops fitness, flexibility, self-confidence, sportsmanship, teamwork, communication and leadership. With accredited coaches and League Safe trainers, our volunteers operate under the NRL Code of Conduct to ensure players develop their skills in a professional, friendly and safe environment.

As part of the low registration fee every player receives shorts, socks and jerseys to keep and much more throughout the season

Registrations are now open for **U/6 - only \$50 (includes a hoodie as well)**
U7 to 12's - \$80 **U13's to 17's - \$110**



To register with Asquith Magpies for 2017 please go to

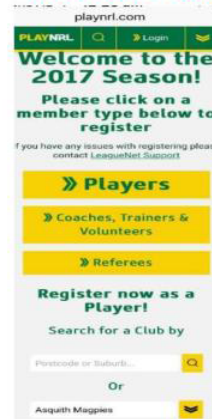
<http://www.playnrl.com/>

Then type Asquith Magpies: Click on Asquith (North Sydney JRL) to register your details



For more information contact:

Michelle Kelly on 0403 506 148 or asquithmagpies1953@gmail.com



YOGA for KIDS

Yoga class for children ages 8-12

Thursdays 8.20am (during term)
at Mt Kuring-gai Public School



For more information & bookings please contact:
Fiona Lisle
Iyengar Yoga Teacher
t: Fiona 0425 261 300
e: fyoga3@gmail.com

Mount Kuring-Gai Public School

T: 9457 9088

BUS NO.	TIME	MORNING BUS ROUTE
8071	08:58	From Hookhams Corner via Pacific Highway (L) Beryl, Oxley to loop, then return Oxley, Beryl Ave (L) Red Cedar Drive (L) Foxglove Road (R) Lancelot Street (L) Excelsior Road to Arthurs Circle, returning Excelsior Road (L) Pacific Highway (R) over Pacific Highway Bridge, Church Street (R) Low Street (R) King Street (R) Leeming Street. (09:23}

BUS NO.	TIME	AFTERNOON BUS ROUTE
9038	15:40	To Mt Colah Loops & Hookhams Corner Via (L) Church Street (L) Pacific Highway (R) Excelsior Road, Arthurs Circle, return Excelsior (R) Lancelot Street (L) Foxglove Road (R) Red Cedar Drive (R) Beryl Avenue to Oxley Drive loop return via (L) Red Cedar (R) Foxglove to Pacific Highway then (R) Pacific Highway to Hookhams Corner (16:05}

(L) Bus turns Left

(R) Bus turns Right

Routes in *Italic* refer to public bus services





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IT'S A GREAT TIME TO TRY HOCKEY!

- Mixed girls & boys team sport
- Play on all-weather artificial turf at Pennant Hills Park
- Maintain fitness and cricket/baseball skills

NDHA Hookin2Hockey PROGRAM

NDHA will run a "Hookin2Hockey" program over 2 consecutive mornings in the LAST week of the Summer school holidays:

Venue: Pennant Hills Park Hockey Field, Britannia Street, Pennant Hills

Dates: Monday 23rd and Tuesday 24th January 2017

Time: 9:30am – 11:30am

*Even if you can't make both days, it's still a great opportunity to
Try Hockey!*

Details and a link for online registration can be found at our website www.ndhockey.com.au

Enquiries: Sarah Ruming: 0403202383 or Edwina Spooner- 0423138734.

Email. hookin2hockey@ndhockey.com.au

NORTHERN DISTRICT HOCKEY ASSOCIATION

