

Leeming Street, Mount Kuring-gai NSW 2080

T (02) 9457 9088 F (02) 9457 8691  
E-mail: [mtkuringga-p.school@det.nsw.edu.au](mailto:mtkuringga-p.school@det.nsw.edu.au)

August 28th 2015

Dear Parents/Carers,

In the last week or so parents of students in Years 3 and 5 would have received NAPLAN results. Please remember that NAPLAN is a snap shot at a day, at a time and usually with sniffles. The data gathered is important and forms one part of a complex planning process. If there are any questions, please feel free to ask your child's class teacher or supervisor saying that our results support the quality education that occurs at MKPS daily and staff and students should be commended for the effort and commitment that goes into the teaching and learning at our dynamic school.

There has been many performances, excursions and extra-curricular activities that have taken place this term. It takes a lot of time and precision to organise these exciting events for our school and teachers go above and beyond to ensure that these are educational and valuable. So that these are successful we ask that payments are made to the office or online and permission notes are returned prior to the event. If you are unable to meet financial obligations then please see Mr O'Neill or myself and we will do everything we can to support you.

I would like to take this opportunity to congratulate Mrs Inta Wasowski on receiving her 30 year teaching certificate. This is a tremendous effort and we are lucky to have such an experienced and dedicated teacher on our staff.

With still three weeks of Term Three and many more exciting events to take place including Literacy and Numeracy Week next week, this newsletter highlights the talent of our students and commitment of our teachers and community to ensure MKPS is always buzzing with excitement, information and talent.

Natalie Weeks

Assistant Principal

## **OUR SCHOOL LEADERS VISIT TO PARLIAMENT HOUSE**

On Wednesday 12th August, the school captains, Jack, Noelani, Dominic and Isabella travelled to Parliament House in the city. Matt Kean, our local MP invited all local school captains to learn about leadership and to meet former and current leaders of famous sports teams. We had a fun and educational experience learning about how Parliament works. The students were taken to the Lower House Room to learn about who sits where and what jobs they have. The school captains were also told some of the historical highlights of Parliament House and were able to sit in and hear a discussion from the Peanut Gallery. Three sports stars shared what qualities they thought a leader should have. This helped create a clearer understanding of how a school captain should behave.

The school captains were sent home with autographs, photos and a formal thank you certificate. We had loads of fun learning about Parliament and Sports Stars. We would happily go again!

By Noelani B



## DATES FOR YOUR DIARY



### **Wednesday 2nd September**

- Father's Day Stall

### **Friday 11th September**

- Grandparents Day K-4
- 5/6J Surf Education Talk

### **Friday 18th September**

- Last Day Term 3

### **Monday 5th October**

- Labour Day Public Holiday

### **Tuesday 6th October**

- Students Return– Term 4
- Swim Scheme Begins

### **Friday 16th October**

- Last day of Swim Scheme

### **Monday 19th October**

- Kindy Kick Start Session 1

### **Monday 26th October**

- 5/6J Point Wolstoncroft Camp

## Sushi Days Term 4



Order due Thursday 15th October for Lunch on Wednesday 21st October

Order due Thursday 5th November for Lunch on Wednesday 11th November

Order due Thursday 26th November for Lunch on Wednesday 2nd December

## COMMUNICATION

Have you been on to our webpage and looked at the amazing learning experiences your children are involved in daily?? Each week a news item about students at MKPS is featured on our webpage.

Have you downloaded our school app? Keep up-to-date with the busy lives of your children at school with updates, calendars and reminders from our app.

Website:

<http://www.mtkuringga-p.schools.nsw.edu.au/>

## CANTEEN

### Special Events.

The Mt Kuring-gai Athletics Carnival was held on 5<sup>th</sup> August 2015. A special thank-you to Caroline Worne and Kara Usher for their assistance in co-ordinating this event. I would also like to thank all the wonderful volunteers who worked in the canteen, ran the BBQ or baked some delicious items to sell. The profit from this event was \$561.75.

On Friday 31<sup>st</sup> July the P&C hosted its annual social event the Chilli Night. The purpose of this event is to raise awareness of the role of the P&C within our school and the wonderful work it does. This had a great roll up and everyone certainly enjoyed the event.

On Sunday 16<sup>th</sup> August 2015, the canteen was open in support of The Spring Trek which was held to raise money for schools in under privileged countries. Thank-you to everyone who volunteered either their time to help in the canteen or to bake something for the cake stall. The day was a great success raising \$279.70.

The canteen is also busy co-ordinating the biggest event on our school calendar, the bi-annual Mountain Festival to be held on Sunday 13<sup>th</sup> September 2015.

### Volunteers Needed.

In preparation for the Mountain Festival we are urgently seeking volunteers to assist serving in the canteen on this day. Please contact Abby West on 0421 922 537 or [abbywest1@bigpond.com](mailto:abbywest1@bigpond.com) if you are able to assist.

### Tuckerbox Sign.

The Tuckerbox sign is now hanging with pride outside the canteen.

## **CHOIR**

On Tuesday the 11<sup>th</sup> August, students in the school choir had the opportunity to perform at Sydney Town Hall as part of the Arts Alive Combined Primary Schools Choir. Throughout the year the choir have been rehearsing weekly and working very hard to learn the 10 songs that were performed on the evening. Parents, relatives and friends were invited to come and watch their children perform alongside 19 other school choirs, and accompanied by the Combined Schools Stage Band. It was an amazing performance, and a fabulous opportunity for the students in the choir. One that I'm sure they will remember for years to come!

## **PSSA JUNIOR GIRLS NETBALL**

Congratulations to our Junior Netball Team who having won their Quarter Final Round last week, will go on to compete in the Semi Finals this coming Friday at Montview Oval at 12.30pm. The girls won a very close and hard fought match to come out on top 12-10 against Wahroonga. Everyone gave 100% effort and it was by far the best match the girls have played all season. We wish you well at the Semi's. Go Mt Kuring-Gai!!!



## **BAND**

Miss Harvey has started band rehearsals for Term Three, band members are learning some new numbers, solos and duets which are keeping everyone entertained (and busy). We are really pleased to welcome our newest member Maddie Keith as a percussionist. Two other children have recently auditioned and we're sure it won't be long before they join.

The band is working really hard preparing for Mountain Festival where they will entertain the crowd with various pieces. We are asking everyone to support the performance by coming along and listening to our wonderful band.

Thank you for your support in our "Pyjama Day." We raised \$ 166 which greatly helps.

Finally Emma Neate is our new band coordinator please don't hesitate to contact Emma if you have any questions on the band she can be contacted on 0448866088 or [emmajrussell@hotmail.com](mailto:emmajrussell@hotmail.com)

# TASTES WEEK

On Monday 10<sup>th</sup> August, all students at Mt Kuring-gai Public School participated in a 'Tasting Day' as part of our "Week Of Tastes". The aim of the "Week of Tastes" was to start discussions about how we use all of our senses when eating and appreciating food. Students were also encouraged to think about ways to describe the texture and taste of foods.

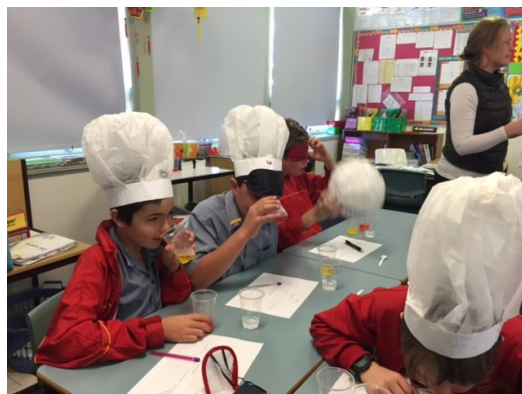
In our blindfold taste testing activity, I was really impressed with the high number of students who had a taste of everything put on their spoon (even if they didn't like the taste!). They tried grapefruit, banana, ginger, vegemite, haloumi cheese, mint, lemon (some funny faces in that one!) and kiwifruit.

We had some great comments by the students throughout the session which highlighted to me that we may have some future Master Chefs amongst us!

On the 18th August we had a guest food professional, Tawnya Bahr, come to the school. She spoke about her career in the food industry and treated us to some yummy dishes made by some of the students.

Many thanks to Neil Gow who came across this wonderful program being used in schools to educate and excite children about food. We hope that Week Of Tastes 2015 is the first of what may be an annual school event, getting bigger and better each year. Many thanks to all the wonderful parent helpers who assisted : *Heidi Guthrie, Lara Ryan, Belinda Young, Belinda Robson, Brian Hurd, Radhiki Aiyer, Rebecca Ross, Tobey Wilder, Jennifer Broadbridge, Letitia Watson-Ley, Greg Hamer, Denise Andersen, Tanya and Shaun Garrard, Emma Floyd, Kara Ussher, Abby West, Melchorie Walker, Steve Wheeler, Natalie Gallagher, Emma Neate, Lisa Eatough, Tracey Ormsby, Kate Gow, Alison Jurotte and Fiona Lisle*. As always, we couldn't have done it without you!

Nicole Tudor





# TASTES WEEK



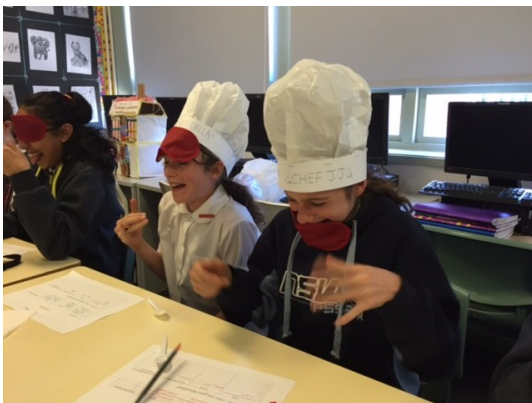
*"Chocolate! Yummy!"*

Ryan and Joel 5/6



*"The lemonade was  
abominable!"* Jack L 5/6

*"I liked the grapefruit so  
much!"* Seth KW



*"I didn't like the ginger, it was spicy"* Xavier KW

*"I liked the cheese because it was salty. I  
like salty foods"* Taylor 5/6



*"I liked the cheese. It was yummy"* Mikey KW



## **2015 Zone Athletics Carnival**

On Thursday 20<sup>th</sup> August, 34 Mt Kuring-gai Public School students competed in the Zone Athletics Carnival at the Sydney Academy of Sport and Recreation, Narrabeen.

There were some outstanding individual performances with a number of first place achievements in both track and field events. Our Junior Girls Relay also had a great second placing to qualify for the Area Athletics Carnival.

Regardless of where our students placed on the day, I could not have been prouder of the way in which they supported and cheered each other's performances. The Mt Kuring-gai team spirit was alive and well.

In total nine students will go on to compete at the Area Carnival at the Sydney Olympic Park Athletic Centre (SOPAC) on Monday 7<sup>th</sup> September.

Their individual results are listed below. We wish them all the very best of luck!

### **Area Qualifiers**

NAME: Jack G		
AGE	PLACE	EVENT
12	FIRST	Discus Shot Put Long Jump 100m
	SECOND	
	THIRD	

NAME: Jasmin G		
AGE	PLACE	EVENT
12	FIRST	200m 100m 800m
	SECOND	
	THIRD	Long Jump

NAME: Isabella G		
AGE	PLACE	EVENT
12	FIRST	Long Jump
	SECOND	200m 800m
	THIRD	100m

NAME: Rosie M		
AGE	PLACE	EVENT
11	FIRST	High Jump

<b>NAME: Jaz T</b>		
<b>AGE</b>	<b>PLACE</b>	<b>EVENT</b>
11	<b>SECOND</b>	Long Jump

<b>NAME: Macy A</b>		
<b>AGE</b>	<b>PLACE</b>	<b>EVENT</b>
Jnr	<b>SECOND</b>	Junior Relay

<b>NAME: Amber J</b>		
<b>AGE</b>	<b>PLACE</b>	<b>EVENT</b>
Jnr	<b>SECOND</b>	Junior Relay

<b>NAME: Ella G</b>		
<b>AGE</b>	<b>PLACE</b>	<b>EVENT</b>
Jnr	<b>FIRST</b>	Discus Shot Put
	<b>SECOND</b>	Junior Relay

<b>NAME: Evie T</b>		
<b>AGE</b>	<b>PLACE</b>	<b>EVENT</b>
Jnr	<b>FIRST</b>	800m
	<b>SECOND</b>	Junior Relay





# Community Notice Board

## AGILE YOGA

**Join me for therapeutic multi-style yoga, focussing on alignment, strength and breathing.**

Delivered with joy, humour and attentiveness.

**Private 1-1 classes, dedicated yoga room, Berowra Heights.**

**(\$125 for 5 class pass\*)**

Small group classes, 6am Hornsby

**0410 597 447**

**Alex**

**alex@agileyoga.com.au**

\*Various payment plans available.

Member of Yoga Alliance Australia RYT200 hours

Senior First Aid, Fully Insured, Credit Cards accepted

## Carers

### Support Group

If you care for a relative or friend  
join us to access information and support

**Topic:**

**"Falls Prevention"**

**Facilitator: Barbara Lewis**

Manager Carer Support Service

Northern Sydney Local Health District

**2.30pm**

**Thursday 10 September 2015**

Berowra Community Health Centre

123 Berowra Waters Rd, Berowra Hts

COST: Free. **Afternoon tea** will be provided

**RSVP: 9456 3344**

**Next Meeting Date: Thursday 8 October 2015**



# Community Notice Board



Founded 1925

HKHDCCA in partnership with NDCC  
**THREE CRICKET COACHING CLINICS**

**SEPTEMBER 2015 – SCHOOL HOLIDAYS**

For 6 – 15 year olds – beginners, club & reps.

**Venues – Mark Taylor Oval, Waitara (2 clinics)**  
and **George Thornton Reserve, WPH**

Accreditation: Level 1 & 2 qualified coaches

**Cost: \$130** (if registered by 9 Sept. 2015)

*Further discounts apply – clothing, siblings, etc.*

**Flyer:** <http://bit.ly/HKHDCCA-Sep-15-Clinics>

**Enquiries:** Bruce Wood – [0412 688 629](tel:0412688629)

## JUNIOR CRICKET COACHING CLINICS

**September 2015 – school holidays**

Run by HKHDCCA and Northern District CC

**Flyer:** <http://bit.ly/HKHDCCA-Sep-15-Clinics>

Comprehensive coaching program for boys & girls aged between 6-15 years – beginners, club & reps

**Venues – Mark Taylor Oval, Waitara (2 clinics)**  
and **George Thornton Reserve, WPH**

Accreditation: Level 1 & 2 qualified coaches

**Cost: \$130** (if registered by 9 Sept. 2015)

*Further discounts apply – clothing, siblings, etc.*

**Enquiries –** contact Bruce Wood (HKHDCCA)  
[bruce.wood@hkhdcca.com.au](mailto:bruce.wood@hkhdcca.com.au) or [0412 688 629](tel:0412688629)

## **Bring on Summer at Hornsby!**

Did you know Hornsby Amateur Swim Club have returned to Hornsby Aquatic Centre? Did you also know the new season is just around the corner!

HASC meets every Friday night from 6.45pm and finishes no later than 9.00pm, leaving your weekends free!

We cater for all ages and abilities with 25m, 50m, 100m, 200m and relay race events.

If you're interested, come along on Friday 25<sup>th</sup> September to register or "test the waters" before joining (pool entry applies).

Contact the HASC Committee for more information at [hornsbyswimteam@gmail.com](mailto:hornsbyswimteam@gmail.com) or visit our website at <http://hornsby.swimming.org.au/>

And "Like" [Hornsby Swim Club](#) on Facebook!

# Community Notice Board



## Northern Districts Little Athletics Centre

### 2015 / 2016 SEASON REGISTRATION

#### **BEROWRA HEIGHTS- IGA SUPERMARKET**

Sunday 23rd September, 2015  
10.00am till 12.00pm

#### **MT COLAH - FOXGLOVE OVAL**

Saturday 5th September, 2015  
11.00am till 2.00pm

*Uniform Shop will be open at Foxglove Oval*

#### **AGES UNDER 5 - UNDER 16** (Ask about our Tiny Tots Program)

Competitions are held at Foxglove Oval, Mt Colah  
on Saturday mornings from 8.15am - 11.30am  
Training (optional) on Thursday Nights 5.30 - 7.30pm

**[www.ndlac.org.au](http://www.ndlac.org.au) / [registrar@ndlac.org.au](mailto:registrar@ndlac.org.au)**

### NORWOOD COMMUNITY PRESCHOOL

2a Chelmsford Road, Asquith  
Proudly serving the district  
for 50 years



- ✓ Now taking enrolments for 2016
- ✓ Not for profit community organisation/Government funded
- ✓ Catering for 3-5 year olds/25 children per day
- ✓ Hours from 8.30am to 3.30pm
- ✓ Full preschool program with trained Early Childhood teachers
- ✓ Rated exceeding under the National Quality Standard

COME AND SEE US.....

Phone Karin or Bev on 02 9477 2258