

Dear Parents and Community,

Week 3 Term 4 has crept up very quickly and Term 4 is shaping up to be a busy term with lots of exciting events including, excursions, Count us In singing, Mariners visits, gymnastics, Celebration of Learning and that's just naming a few. With so many events happening at this busy time of year please check the website calendar and the dates to remember section of the newsletter.

I would like to congratulate all the outstanding sports people who participated at the State Athletics Carnival, you certainly made us all very proud.

Kindy Kick Start is well underway and it is so wonderful to see our Kindergarten of 2015 interacting and familiarising themselves with life at MKPS. If you know of anyone that has a child beginning Kindergarten and hasn't made contact with us, please encourage them to enroll in Kindy Kick Start which is proving to be a valuable and engaging transition program.

This year we are apart of Toys 'n' Tucker. This donation program aims to share the joy of Christmas with people in need by donating gifts for babies, children and teenagers, food and cash.. There are big boxes in the office for your donations.

Glenn O'Neill

## **HELP NEEDED**

We are calling on community support to help cover our new guided readers. These books have been purchased and are a fabulous resource, however, we can not begin using them until they are covered. A big thank you to Fran Keith for continually taking more books to cover. Please come in and see Pam or Erica to collect your books today!!!!!!

## Parenting Ideas

### The secret to raising happy, confident kids

### INDEPENDENCE LEADS TO THE 4 CS

When independence becomes your priority, suddenly will reveal a pathway to the development of other positive qualities and traits in your children. These include the key four: confidence, competence, creativity and character. Here's how:

**Confidence** comes from facing your fears and doing things for yourself.

**Competence** comes from the opportunity to develop self-mastery that independence offers.

**Creativity** is developed when kids solve problems themselves as opposed to someone solving them on their behalf or, worse, sheltering them from any risk of harm. It's amazing how resourceful kids can be when they are given the chance to resolve their own problems.

**Character**, which is essential for success, is forged under hardship and is needed if kids are to live a sturdy life. Kids need to be exposed to disappointment, failure and conflict if character strengths such as grit and perseverance are to be forged.

## PLEASE NOTE

There have been a few changes and additions to our calendar that need to be brought to your attention:

**Gymnastics**– There will be no Gymnastics on Friday week 4. This session will be made up on Friday 12th December. Gymnastics in week 8 will be on Thursday 27th November. Please ensure that students have sports uniform on so they are able to actively participate.

**Mariners ACTIVE-** Thursday 30th October, all students K-6 will have a 30 minute session with members from the Central Coast Mariners. Please ensure that all students are dressed in their full sports uniform so they are able to participate.

**Grandparents Day**– K-2 will be hosting Grandparents Day on Tuesday 28th October. Please remember to bring in some morning tea to the canteen for our grandparents to enjoy.

**Helpers Morning Tea**– The correct date for the 'Helpers Morning Tea' will be Wednesday 26th November. An invitation outlining details will be given out shortly.

### Canteen Volunteers.

Unfortunately, the canteen volunteer pool will lose a further 3-4 volunteers as of Term 4 for the Thursday roster. If we are unable to recruit more volunteers for Thursday canteen shifts we may potentially have to close the canteen on this day for Term 4. The canteen urgently needs more volunteers to save losing a canteen day. So if you are able to assist in anyway please contact Mrs Abby West (Canteen Manager) on 0421 922 537 / 9457 0636 /

## ATHLETICS

Congratulations to our sporting stars Jack G, Isabella G, Jasmin G, Lauren W and Izzy who competed at the State Athletics Carnival in Week 2. It is an amazing effort to have made it to such an elite carnival and then to compete with passion and determination made us all so proud.

The girls relay team made it to the finals and with their awesome effort came 8th with a photo finish. Their time of 56.47 was milliseconds behind the two in front of them with a time of 56.43. The girls certainly did us proud and had their supporters on the edge of their seats.

Jack also made it to the finals for shot put and threw a whopping 12.35m to finish in 8th place.

They also got to meet Olympian and World Champion Dani Samuels. Such an exciting day.



### Band Recruitment.

At the end of the year we will sadly bid farewell to seven of our band members as they head off on a big adventure to high school. Consequently, our band is always on the lookout for any new talent within the school. So if you play a musical instrument and have done so for at least 6 months and would like to join the band please contact Abby West on 0421 922 537 or [abbywest1@bigpond.com](mailto:abbywest1@bigpond.com) and your details will be passed onto Miss Isabella Harvey (Band Director).

## GARDEN NEWS

Since the holidays we have been busy planting, weeding, looking for snails and harvesting some of the vegetables that have grown with the warmer weather.

A HUGE thank you to Matthew Ormsby for his very generous donation of 2 lemon myrtle shrubs and a mulberry tree to the school. As well as the plants, Matthew also donated soil, so the plants get a great start. The lemon myrtle is a native shrub grown for its lemon scented leaves, which when crushed smell like "lemonade ice blocks". The leaves can be used in cooking as well. In the future, the mulberry tree will also be a great resource. At the moment Year 1 and Year 2 are looking at life cycles and are nurturing some silkworms, so we do need a constant supply of mulberry leaves to feed them.

In the garden we harvested the broccoli, kale, lettuce, rainbow chard and our herbs and have sold them to the community. Thank you very much for your support. Some of the lettuce has been used by the canteen for lunches as well. We have planted basil and some tomatoes have self-seeded in one of our gardens. Thank you to the Blundell family for their donation of a cucumber plant for our garden and also to the Sims family for the lettuce seedlings.

The community support is greatly appreciated.



Mulberry Tree and Lemon Myrtle





## DATES FOR YOUR DIARY



### **Tuesday 28th October**

- ◆ K-2 Grandparents Day

### **Wednesday 29th October**

- ◆ Session 3 Kindy Kick Start

### **Thursday 30th October**

- ◆ Mariners ACTIVE K-6

### **Friday 31st October**

- ◆ Year 1 - Star of the month assembly

### **Thursday 6th November**

- ◆ Session 4 Kindy Kick Start

### **Thursday 13th November**

- ◆ Kindergarten Wannabees Excursion

### **Friday 14th November**

- ◆ Gymnastics
- ◆ Session 5 Kindy Kick Start

### **Tuesday 18th November**

- ◆ Session 6 Kindy Kick Start

### **Friday 21st November**

- ◆ 2015 School Leadership speeches

### **Thursday 27th November**

- ◆ Session 7 Kindy Kick Start
- ◆ Kindergarten - Star of the month assembly

## CAR PARKING

It has been requested by community members that parents dropping off and collecting their child from school please not park/stop where they are blocking driveways or too close to corners where accidents are likely to occur. In particular, we ask that when collecting your child from school that you be very mindful of where you are stopping, particularly near St Helens and King St.



## BUSH SCHOOL LEARN TO SWIM

Swimming lessons for children

4 years to 12 years (Year 6, 2014) taught by our qualified and experienced instructors at the Bush School pools on Saturdays, November – March

Season Cost: 30 min lesson

\$100 for 1 child,

\$155 for 2 children,

\$180 for 3 or more children (plus \$17.50 insurance per child)

Enrolments: Saturday 25<sup>th</sup> October 2014 at 1:00 pm – 2:30 pm (or on later Saturdays from November) at the Bush School pools.

New enrolments should wear a swimsuit for grading.

Enquiries:

Frances Simpson-Lee 9489 1579

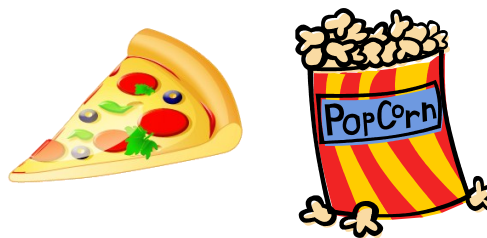
Carolyn Cross 9489 2415

Liz Wright - bushschoolts@gmail.com

Website: www.bushschoolts.org

## TERM 4 FUNDRAISER

Keep **Wednesday 17th December** FREE!!!! We are holding a movie, pizza and carols night. There will be a jumping castle and lots of fun to be had!!!!!!!!!!!!!!



# Community Notice Board

## Dementia Carers

### Support Group

If you care for a relative, neighbour or friend with memory loss or care for an elderly person and need support or information join us.

**SPEAKER:**

**Maurice Finn, Clinical Psychologist**

**"Brain Training: fact or fiction"**

**2.30pm**

**Thursday 13 November 2014**

Berowra Community Health Centre

123 Berowra Waters Rd, Berowra Hts

COST: Free. **Afternoon tea** will be provided

**RSVP:** Marie Brooks 9456 3344

**Next Meeting Date: Thursday 4 December 2014**

## Dance Activity 2014



### **Wednesday-PCYC Performing Arts Centre**

**22 Waitara Avenue, Waitara**

Bollywood Ladies Fitness .....8-9pm

### **Thursday-PCYC Performing Arts Centre**

**22 Waitara Avenue, Waitara**

Bollywood Girls & Boys 11yrs + .....4-5pm

Kids Bollywood Girls & Boys 3-5yrs .....5-6pm

Bollywood Girls 5-10 yrs .....6-7pm

### **Saturday-Hornsby Ku-Ring-Gai PCYC**

**94 George Street, Hornsby**

Bollywood Girls 7 Yrs+ .....3-4pm

Preschool Rhymes Girls & Boys 3-5yrs .....4-5pm

Bollywood Girls & Boys 5-10yrs .....5-6pm

Cost \$150 for 10 week course  
CONCERTS\***COSTUMES**\***CHOREOGRAPHIC**  
COMPETITIONS\***GAMES**\***PROPS**

**JOIN THE FUN!**

**CALL 0423 516 105**

## Be a friend Make a difference



Compeer volunteers provide friendship to someone who is lonely due to difficulties with their mental health.

An hour a week of your time can have a big impact on your new friend's confidence and quality of life.

Training and ongoing support is provided.

**volunteer today**

[www.compeer.org.au](http://www.compeer.org.au)

[compeer.northernsydney@vinnies.org.au](mailto:compeer.northernsydney@vinnies.org.au)

(02) 9413 3091



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