



Canteen  
Menu 2018.

### Hot Food:

- \*\*\*Meat pies-\$2 .20
- \*\*\*Sausage Rolls-\$2.20
- \*\*\*Spinach & Ricotta Roll-\$2.20
- \*\*\*\*\*Mac + Cheese-\$3
- \*\*\*\*\*Beef lasagna-\$3
- \*\*\*\*\*Twista pasta Bolognese-\$3
- \*\*\*\*\*Spaghetti Bolognese-\$3
- \*\*\*\*\* (GF) Mac + Cheese=\$3.50
- \*\*\*\*\* (GF) Beef Lasagna=\$3.50
- \*\*\*Pizza: Cheese + Bacon or Ham  
& Pineapple-\$2
- \*\*\*Garlic Bread-\$1.50
- \*\*\*Chicken nuggets-\$0.40
- \*\*\* (GF) Chicken Nuggets-\$0.50
- \*\*\*Hash brown-\$0.50
- \*\*\*Tomato Sauce-\$0.40

### Burgers:

- \*\*\*Hamburger-\$4.50  
(Lean Beef Patty, Lettuce, Tomato  
& sauce)
- \*\*\*Chicken Burger-\$4.50  
(Crumbed chicken patty, Lettuce  
& low fat mayo)

### Toasties: All \$2.20-

- \*\*\*\*\*Cheese
- \*\*\*\*\*Cheese + Tomato
- \*\*\*\*\*Cheese + pineapple
- \*\*\*\*Ham + Cheese
- \*\*\*\*\*Baked Bean

### Sandwiches, Wraps or Bread rolls: (All wholemeal):

- \*\*\*\*\*Cheese-\$1.80
- \*\*\*\*\* Cheese + Tomato-\$2
- \*\*\*\*\*Egg + Mayo-\$2.20
- \*\*\*\*\*Tuna + Mayo-\$2.20
- \*\*\*\*\*Salad (beetroot on request)-\$3.50

### Extras:

- \*\*\*\*\*Cheese-\$0.50
- \*\*\*\*\*Chicken-\$1
- \*\*\*\*\*Ham-\$1
- \*\*\*\*\*Lettuce-\$0.20
- \*\*\*\*\*Tomato-\$0.20

### Snacks:

- \*\*\*Red Rock Deli Chips (Honey soy)-\$1.50
- \*\*\*\* (GF) Messy Monkeys W/Grain Bites-  
Cheese or Pizza Flavor-- \$1

### Drinks:

- \*\*\*Chill Iced Tea Peach= \$1.80
- \*\*\*\*\*Just Juice popper: Apple, Orange,  
Tropical & apple Blackcurrant-\$1.40
- \*\*\*\*\*Bottled Water-\$1.20
- \*\*\*\*\*Flavored milk: Choc or Strawb-  
\$1.80
- \*\*\*\*\*Plain Milk-\$1.50
- \*\*\*\*\*Up & Go: Choc or Vanilla-\$1.80

### Icy Treats:

- \*\*\*\*\*Frozen orange segment-\$0.10
- \*\*\*\*\*Frozen Pineapple slice-\$0.40
- \*\*\*\*\* Slushy- \$2
- \*\*\*\*\*Juicies tubes-\$1.20
- \*\*\*\*\*Quelch Ice blocks-\$0.50
- \*\*\*Vanilla Ice cream cup-\$1.20
- \*\*\*Paddle pops-\$1.70
- \*\*\*Lemonade Icy Twists-\$1.20
- \*\*\*\* Twisted frozen yoghurt-\$1.60
- \*\*\*\*\*Piece of seasonal fruit-\$0.50

#Please note Lunch orders should be placed  
before 9.30am in the lunch order bin.

GF= Gluten Free

\*\*\* / \*\*\*\*\* Sometimes foods

\*\*\*\*\*= Everyday foods.