

Mt Kuring-gai Public School Canteen Menu 2016							
The Tuckerbox!							
Delicious Hot Food			Vegorama				
Twista Pasta Bolognese	G	\$2.50	Vegie Burger	A	\$2.50		
Fried Rice	G	\$2.50	Corn on the Cob	G	\$1.00		
Nachos	A	\$2.60	Vegetarian Lasagne	G	\$2.50		
Potato Bake	G	\$2.50	Spinach and Ricotta Rolls	A	\$1.70		
Spaghetti Bolognese	G	\$2.50	Thirst Quenchers				
Hash Browns	A	\$0.50	Chill Iced Tea Peach, Rasp, Lemon, Blackcurrant	A	\$1.50		
Chicken Nuggets	A	\$0.30	Just Juice Popper - Apple	G	\$1.00		
Pizza Cheese & Bacon	A	\$1.70	Just Juice Popper - Orange	G	\$1.00		
Pizza Ham & Pineapple	A	\$1.70	Just Juice Popper - Tropical	G	\$1.00		
Meat Pie (120g)	A	\$1.80	Just Juice Popper - Apple Blackcurrant	G	\$1.00		
Sausage Roll (120g)	A	\$1.80	Bottled Water	G	\$1.00		
Tomato Sauce	A	\$0.15	Flavoured Milk - Chocolate	G	\$1.50		
Noddles Chicken	A	\$1.80	Flavoured Milk - Strawberry	G	\$1.50		
Beef Lasanga	G	\$2.50	Flavoured Milk - Vanilla	G	\$1.50		
Macaroni and Cheese	G	\$2.50	Up and Go - Chocolate	G	\$1.50		
Garlic Bread	A	\$1.00	Up and Go - Vanilla	G	\$1.50		
Bacon and Cheese Bun	A	\$1.00	Plain Milk	G	\$1.00		
Terrific Toppers			Cool Icy Treats		\$0.10		
Cheese Topper	G	\$1.00	Frozen Orange Segments (Seasonal)	G	\$0.10		
Cheese & Ham Topper	A	\$1.50	Golden Valley Fruit Cups	G	\$1.20		
Cheese & Tomato Topper	G	\$1.40	Quelch Iceblocks	G	\$0.50		
Cheese, Ham & Tomato Topper	A	\$1.60	Calipoes	A	\$1.00		
Winter Warmers			Vanilla Ice Cream Cups	A	\$1.00		
Hot Milo	G	\$1.50	Piece of Seasonal Fruit	G	\$0.50		
Soup with a Dinner Roll	G	\$2.00	Frozen yoghurt (Bulla) - Strawberry	A	\$1.50		
Pumpkin Or Chicken / Corn			Frozen yoghurt (Bulla) - Mango	A	\$1.50		
Raisin Toast (term 2&3 only)	G	\$1.00	Frozen Pineapple Rings	G	\$0.40		
Toasties			Frozen Oranges Segments	G	\$0.10		
Baked Beans	G	\$1.60	Paddle Pops	A	\$1.50		
Baked Beans & Cheese	G	\$1.90	Lemonade Icy Twist	A	\$1.00		

Spaghetti	A	\$1.70	Juicies Tubes Wildberry Lemonade,Orange,Tropical	G	\$1.00		
Spaghetti & Cheese	A	\$1.80	Yummy Snacks				
Cheese	G	\$1.90	Popcorn	A	\$1.00		
Cheese & Tomato	G	\$1.70	Mamee Noodles Snacks	A	\$0.60		
Cheese & Pineapple	G	\$1.80	Red Rock Deli Chips	A	\$1.20		
Burger Bar			Rice Crackers	A	\$1.00		
Chicken Burger	A	\$3.00	Banana Bread	A	\$1.50		
Fish Burger	G	\$3.00	Muffins Choc,Blue Berry,Apple Cinn	A	\$1.50		
Hamburger	G	\$3.00	Grain Waves	A	\$1.50		
Scrumptious Sandwiches							
<i>Wholemeal bread on request.</i>							
Cheese	G	\$1.50					
Cheese & Vegemite	G	\$1.70					
Chicken	G	\$2.00					
Leg Ham	G	\$2.00					
Egg Mayonnaise	G	\$1.60					
Egg Mayonnaise & Lettuce	G	\$1.70					
Egg Mayonnaise - Curried	G	\$1.60					
Tuna Mayonnaise	G	\$1.80					
Salad:	G	\$2.50					
Consists of Lettuce, Tomato,							
Cucumber, Carrot							
and Beetroot (on request)							
Extras							
Cheese	G	\$0.50					
Ham	A	\$1.00					
Chicken	G	\$1.00					
Tomato	G	\$0.50					
Tuna Mayonnaise	G	\$0.90					
Assorted Wraps prices from	G	\$2.00					
A = AMBER							

G = GREEN							
Lunch orders should be placed in the order bin outside the canteen before 9.30am.							