



MKPS CANTEN MENU

2025



HOT FOOD		
O	Meat pies	\$3.80
O	Sausage rolls	\$3.00
E	Mac & cheese	\$4.80
E	Bolognese pasta bake	\$4.80
E	Butter chicken & rice	\$4.80
E	Coconut Chicken Thai Curry	\$4.80
O	Pizza: C&B or H&P	\$3.20
O	Garlic Bread	\$2.30
O	Chicken nuggets	60c each or 5 for \$2.20
O	Chicken Tenders (serve of 3)	\$3.20
O	GF Chicken Nuggets	80c each or 5 for \$3.00
O	Hash brown	\$1.00
E	Tomato Sauce	\$0.50
E	BBQ Sauce	\$0.50
E	Sweet & Sour Sauce	\$0.50
E	Cheese Croissant	\$2.90
E	Ham & Cheese Croissant	\$2.90
BURGERS (Extra fillings 50c each)		
E	Hamburger (Beef Patty, Lettuce, Tomato & Sauce)	\$5.00
O	Chicken Burger (Chicken Patty, Lettuce & Low Fat Mayo)	\$5.00
O	Gourmet Flame Grilled Chicken Burger (Patty, lettuce, cheese, Mayo)	\$5.20
TOASTIES (Extra fillings 50c each)		
E	Cheese	\$2.90
E	Cheese & tomato	\$2.90
E	Cheese & pineapple	\$2.90
E	Cheese & ham	\$2.90
E	Cheese, ham & tomato	\$3.50
E	Baked beans	\$2.90

SNACKS		
O	Red Rock Deli Chips (Honey soy)	\$2.20
O	Red Rock Deli Chips (Sea Salt)	\$2.20
E	Crispy Fruits (Apple or Strawberry)	\$2.20
E	Grain Waves	\$2.20
E	Piece of seasonal fruit	\$1.20
E	Slinky apple	\$1.20

MUNCH AND CRUNCH		
E	Cucumber sticks	\$2.00
E	Carrot sticks	\$2.00
E	Orange slices	\$1.50
E	Apple	\$1.20
E	Mandarins	\$1.00
E	Sultanas	\$1.00

DRINKS		
O	Chill Iced Tea Peach	\$2.40
E	Just Juice Popper (Apple, Orange, Tropical or Apple Blackcurrant)	\$1.70
E	Bottled Water	\$1.60
E	Flavored Milk (Chocolate or Strawberry)	\$2.50
E	Up & Go (Chocolate or Vanilla)	\$2.60
E	Juice bomb (Grape, Watermelon, Orange Passio, Apple Raspberry)	\$2.40

SANDWICHES, WRAPS OR ROLLS (ALL WHOLEMEAL)		
Gluten free bread available		
E	Cheese	\$2.90
E	Cheese + Tomato	\$2.90
E	Ham, cheese + Tomato	\$3.50
E	Cheese + ham	\$2.90
E	Tuna + Mayo	\$3.00
E	Vegemite	\$2.20
E	Vegemite + Cheese	\$2.50
E	Jam	\$2.20
E	Salad (beetroot on request)	\$4.00
E	Crunchy chicken wrap (lettuce/mayo)	\$4.00
E	Salad Box	\$4.00
EXTRAS		
E	Cheese	\$0.60
E	Chicken Tender	\$1.20
E	Ham	\$1.00
E	Lettuce	\$0.60
E	Tomato	\$0.60
E	Beetroot	\$0.60

FROZEN SNACKS		
E	Frozen Pineapple Slice	\$0.70
E	Frozen Orange Segment	\$0.30
E	Frozen watermelon (2 slices)	\$1.20
E	Frozen grapes	\$1.50
E	Slushy	\$2.80
E	Quelch Ice blocks	\$0.80
O	Vanilla Ice Cream Cup	\$1.90
O	Lemonade Icy Twists	\$2.10
O	Twisted Frozen Yoghurt	\$2.20
E	Frozen Juice Cups	\$1.10
E	Snap-Stix (Sour Watermelon, Sour Grape, Sour Blueberry, Sour Red Raspberry, Sweet Pineapple, or Tutti Fruity)	\$1.70
E	Animal Sour Stix (Sour Watermelon, Sour Grape, Sour Blueberry, Sour Red Raspberry or Sour Lemon)	\$1.00
E	Frozen Just Juice Popper	\$1.70
E	Spoon	\$0.10

MEAL DEALS		
Meal Deal #1	- Butter Chicken/Coconut Chicken, Mac & Cheese or Pasta Bake - Garlic Bread - Juice Bomb or Popper	\$7.70
Meal Deal #2	- H/P or H/C Pizza - 5 Nuggets - Juice Bomb or Popper	\$6.80
Meal Deal #3	- Meat Pie/Sausage Roll - Hash Brown - Juice Bomb or Popper	\$5.90

GF = Gluten Free

E = Everyday foods **O** = Occasional foods

Please note Lunch Orders should be placed before 9.30am in the Lunch Order bin.